

## HIGH SCHOOL HIGHLIGHTS

Narrogin Senior High School Issue 4

## Police Talks to Year 9s

**Ellie Heaton** 

In Week 3 of this term, Narrogin Police came into school to deliver the Australian Federal Police's educational 'ThinkUKnow' programme to Year 9.

The talk covered topics such as online grooming; sending, receiving and sharing explicit messages; being careful about posting private information on social media; how to avoid becoming vulnerable to any online safety issues; and how to get help if you need it. The talk was really useful for Year 9 and the students were very forthcoming with responses and questions.

Sergeant Devine commented on how impressed he was with the mature and respectful attitude displayed by the students, despite the fact they had to sit still for just over an hour. He also mentioned how he'd look forward to coming back again to speak to other year groups.

Well done, Year 9, for representing our school so brilliantly!



## **Parent Teacher Evening**

Sandii Stankovic



On July 30 staff engaged on Parent Teacher Interview evening.

Feedback was positive in being able to ascertain what students can do to improve their grade.

There was also a notice of all activities for students facilitated by Student Services.

### **NAIDOC**

**Narelle Penny** 



Sending out the biggest thank you to the team for all their efforts and hard work over the week. From the damper making, morning teas, assemblies, to the weaving sessions. It was good to have a few celebrities around the school and thanks to Nan Jan for her Kangaroo Stew on Friday. Extra thank you to Clontarf & Shooting Stars, Chad & Nan Jan. Community members Ross Storey and Isiah Gongwee were a great addition to our students performance and smoking ceremony.

#### NAIDOC Year 7 Cultural Excursion to Dryandra.

To celebrate NAIDOC week, year 7 students spent the day at Dryandra Woodland National Park and took part in a variety of activities throughout the day.

Students had the opportunity to make their own damper- with lots of our students teaching our international teachers how this is done! Mrs Kickett held a fabulous arts and crafts workshop; a mindfulness activity where students were able to make bracelets and necklaces and also learn how to basket weave. Mr Kickett, Mr McDonald and Ms Clark led the bushwalking activities, with Mr Kickett teaching us all about the local flora and fauna. We were even lucky enough to find an echidna! Students created a piece of artwork or decorated a boomerang based on the Noongar seasons of Birak, Bunuru, Djeran, Makuru, Djilba and Kambarang.

Team games took place on the Oval later in the day and some students built their own bush mia mias!

During free time, some Year 7 boys showed Mrs Heaton how to throw a boomerang successfully against the stunning backdrop of kangaroos with joeys in their pouches. Mrs Heaton was overheard saying, "I feel like a true Aussie now!"

A huge thank you to Ms Penny and Student Services for organising a fabulous day full of fun, as well as an amazing sausage sizzle lunch! Toasted marshmallows ended a brilliant day for all staff and students.

## **Cultural Centre Excursion**

Ellie Heaton

On Tuesday 23 July, Mrs Heaton's 9ENG2 and Ms
Martin's 10ENG1 classes visited Perth Cultural Centre
to complement their English novel studies. Both classes
are studying novels set in the American South during the
mid-1900s, so a comprehensive understanding of life for
African Americans during this era is essential. The students
participated in a tour of the State Library of Western Australia,
followed by a research workshop where they learned how best
to access credible primary historical resources. Students then
put their new knowledge to the test and engaged in self-guided
study, researching key historical contextual information
relevant to their novel studies. Students were working



alongside university students and business people – and it was difficult to tell the difference! Students worked diligently, behaved impeccably and represented Narrogin Senior High School perfectly.









After the library, students visited the Western Australian Museum (Boola Bardip) and explored the Reflections exhibition. Students were encouraged to look at features of the exhibition that discussed the racial and cultural tensions in WA's history; all students displayed the utmost respect and maturity. Despite the focus of the day being rather sombre, there was also fun to be had in both the library and the museum! During the library tour, students encountered an interactive exhibit about keepsakes and memories, including those of weddings. Lachlan Stewart was quite the dashing groom, whilst Hayley Forsythe was the blushing bride! In the museum, students found an artefact relating to

was the blushing bride! In the museum, students found an artefact relating to our very own Narrogin, a blue whale skeleton and an interactive exhibit about leisure, featuring a carousel. The horse was sat on and photographed many times that afternoon!



Overall, the trip to Perth Cultural Centre was a roaring success. All thirty-five attending students were a credit to Narrogin Senior High School and Mrs Heaton, Ms Martin and Mr Perry are proud to have accompanied them.





## **Olympics at NSHS**

**Narelle Penny** 

On Monday 3 July we held an Olympic Free dress Day at school.

Students and staff dressed representing their favourite sports person, Sports hero or Olympian.

We had 60 bean bags in the gym with the big screen playing the Olympic games all day.

Students enjoyed a sausage sizzle at recess, and we had frisbees on the oval.

A big thankyou to Bevan George and his family for bringing in his Kookaburra's Olympic gold medal.









## **Year 7 Food Science and Technology**

The new cohort of Year 7s to start the FST (Food, Science & Technology) program have been enjoying learning new skills and putting them into practice.

They enjoyed making mini English Muffins and pizzas which they really enjoyed.







## Skills West Careers Expo

Ellie Sheridan

On Thursday 25 July, students from Years 9-12 attended the Skills West Careers Expo at the Perth Convention and Exhibition Centre.

This is Western Australia's biggest careers event with over 160 organisations and employers present.

There was something for all students to learn about on the day. Some students learned that Murdoch University is the only institution in WA to offer veterinary courses, whilst others discovered the various offers construction, trades and sporting opportunities.

The Australian Defence Force Careers sector was popular with the students as many learned about the various pathways they offer, including the Gap Year and Defence University Sponsorship. Aviation seemed to interest many students, as did Roy Hill and other mining companies. A couple of students finished off the day getting a new appreciation for our Olympic Rowers, as they discovered it was harder than they thought to row 200m in under 60 seconds. One of the biggest takeaways of the day for many of the students was that they were shocked with the number of various industries and careers that are out there.

It was an informative and enjoyable experience had by all, and a big shout out must go to Mr Ross Daley and Miss Leanne Inglis for their assistance and expertise on the day.



Caleb Kellow



Riley Coxon



Chloe Marsh



Skye Beary



Hope Hayes



Mia Ewen



Tabitha Pederick, Georgia Ellis & Tamzin Pederick



## Koorlongka Health Expo

Narelle Penny and Yvette Le Tessier

Koorlongka Health Expo 2024 On Friday 26th July, Narrogin Senior High School hosted the Koorlongka Health Expo in the gymnasium. Stallholders from the local area and Perth set up to promote health and wellbeing through resources and running interactive activities.

It was a great opportunity for students to ask questions and learn about local and external services (and of course take away lots of freebies!) Students learnt a variety of things including how to access STI Screen, participate in discovering the risks of vaping, competition, complete a respectful relationships quiz, and ask how to access counselling services or local organisations that support wellbeing, such as Arts Narrogin and the Shire.

Thank you to the following organisations for promoting health and wellbeing: Clontarf, Shooting Stars, Holyoake, Narrogin Freedom Counselling, Avon Community Services, Rural Clinical School, Youth Focus, SWAMS, Share and Care Community Group, Shire of Narrogin, Epilepsy WA, University of Western Australia, Gnarojin Community Garden, Arts Narrogin, Narrogin Financial Counselling Service. Year 11s also promoted resources from Diabetes WA, Headspace, WAAC, Kids Helpline and Living Proud.

We hope to run another successful health expo again in 2026.





















## **Country Week**

Claire Conlan and Guilluame van der Riet Narrogin SHS 2024 Country Week Captains

On Sunday the 23 June, the Narrogin SHS team made its way to Perth for the Senior Schools Country Week event.

Upon arriving in the city, we went shopping for our weeks' worth of food, which would supply us with breakfast and lunch, as well as ingredients for the cook off on Wednesday night.

Monday morning started with the opening ceremony, where Guillaume and Claire carried the school's banner, and the formalities of the week were conducted, ending with an impressive Mexican Wave. After the ceremony, we all departed to our first round of games for the week.

Wednesday was the night of our cooking competition. Upon returning from a successful third day, every room was tasked to make a dish for the teachers to taste and judge.

Our awards and presentation night was held on Thursday night at the South Fremantle Football Club, where we tidied up in dresses and collared shirts to have a delicious meal from Benny's and heard from the coaches. The MVP awards were also presented with a nice send off message for Mr Fawcett, who after 14 years of commitment will be handing over the coaching role from soccer. Thank you, Mr Fawcett, for your tireless work over such a long period of time.

The Grand Finals were held on Friday, where our mixed hockey and volleyball boys' teams won, ending the week on a well-earned high note.

#### Most Memorable Moments

- The soccer team winning their first game in three years.
- Presentation evening with good food, company, media presentation and speeches
- Caleb Kellow's walk of shame at The Hijinx Hotel
- Tobias Coonz' golfing fail
- Basketball's unfortunate loss in front of the whole school's crowd

Teams	Results	MVP
Mixed Hockey	1st	Guilluame van der Riet
Boys Volleyball	1st	Tyler Kickett
Girls Volleyball	8th	Claire Hedditch
Boys Basketball	3rd	Rhys Reynolds
Netball A	5th	Claire Conlan
Netball B	2nd	Heidi Auckland
Soccer	3rd	Kade Kulker





















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## **Sports Academy**

Kylie Bradford President Sports Academy

The Narrogin Senior High School Sports Academy Supporting Parents Committee supports the staff of Narrogin Senior High School to provide athletes with the skills, knowledge and resources necessary to perform to their potential as they strive to become harder, faster and smarter competitors both on and off the field.

Within the last year we have funded transport to hockey and netball carnivals, helped fund new sports equipment, provided lunch on the Academy Cup Sports Day and Academy Presentation Day, where we also provide an engaging guest speaker for students to listen to.

Paying academy fees as part of school fees means we have the financial means to keep supporting our Sports Academy students.

The Sports Academy Supporting Parents Committee is a sub-committee of the P&C who meet once a term on Monday of week 4, 5.15pm at the Duke of York Hotel. We would love to see any interested parents/community members there.





## **Notices**

# Small changes, big differences.





## Teen Triple P (Positive Parenting Program) Seminar Series Free for Parents of Teenagers (Year 5 +)

#### Seminar One: Raising Responsible Teenagers

Find out what makes teenagers tick! You will come away with new ideas to encourage your teenager to make good decisions, be respectful, considerate, reliable and involved in family life.

DATE: Monday 19th August 2024

#### Seminar Two: Raising Competent Teenagers

Set your teenager up for life by helping your child get the most out of their school years. Find out how to help them communicate well, develop self-discipline and good routines, follow rules and solve problems.

DATE: Monday 2<sup>nd</sup> September 2024

#### Seminar Three: Getting Teenagers Connected

Help your teenager develop good, supportive friendships. You will learn ways to build their confidence, encourage their social skills, help them to plan and meet commitments and encourage them to care of others.

DATE: Monday 14th October 2024

#### **INFORMATION AND BOOKING**

All seminars are **FREE**. At each seminar, you will be given a tip sheet to take home to remind you of the great ideas you've heard.

**TIME:** 6.00pm – 7.30pm

**VENUE:** Narrogin Senior High School

Library

Parking available at the door

PRESENTER: Yvette Le Tessier

Each seminar lasts approximately 1.5 hours, and you can do one, two, or all three in the series. Please register your attendance by clicking the respective seminar title or search for the sessions by location (Narrogin) at

www.triplep-parenting.net.au/wa.

\* Tea and coffee will be provided.

www.triplep-parenting.net.au/wa





THOMAS HOGG OVAL









quartermidgetproject@gmail.com

#### QMYSP

Project Member \$10.00 Driver aged 10-17 plus 1 voting adult

Ordinary Member \$10.00

Any person who wants to participate in fundraisers and pit crew and has Voting rights at meetings

Social Member \$10.00 Any person who wants to participate in fundraisers and pit crew and has NO voting rights at meetings.

Country Round Member \$20.00 Any participant who only partakes in the country rounds





SEPTEMBER/OCTOBER HOLIDAY EXAM PREPARATION & REVISION PROGAM

Tuition for all students Year 11 to 12

Week Two 30 September - 4 October Venue - Hale School

The Sept/Oct School Holiday Program will offer Year 11 & 12 students comprehensive subject revision. These classes assist in preparing students for their Final Exams.

\*20% school discount per subject\*

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