



HIGH SCHOOL HIGHLIGHTS

Narrogin Senior High School
Issue 2 2024

Youth Health and Wellbeing Festival

Mrs Nan Steer and Sienna Sheridan

The student councillors, along with a group of Year 9 students who were being rewarded as part of the “Catch the Kindness” campaign, attended the Health and Wellbeing Festival on Wednesday 15 May at the Narrogin Leisure Centre. The festival is designed to engage and educate students on making healthy choices.

The day was packed with informative and fun interactive sessions for all to enjoy. Our thanks to the team at Holyoake, WA Country Health Services, Myfac, Healthways and Shire of Narrogin for providing this event. It was a great way for the students to interact with seven other schools in our district whilst learning important information on Health and Wellbeing. Rhys pedalled up a storm during our session with the Wheatbelt Aboriginal Health team to make a healthy smoothie alternative for everyone to try.

Just before lunch, our students got to leave their mark on the community by assisting with the painting of the Within Your Wallet Mural designed by Ashleig Jenner Yr 8 which adorns the wall inside the rec centre. In a continuation of the paint theme students then participated in a colour run to end the day's activities. James took out the award for getting the most colour on himself during the run.

Thank you to the amazing session facilitators
#StephenMichaelFoundation #avoncommunityservices #SWAMS
#astitchintime #wildheart #DLGSC #wheatbeltaboriginalhealth



Principal's Report



It certainly has been an incredibly fast and busy year here at the high school.

First of all, a huge congratulations to the students who have regular attendance. Parents are notified and congratulated when a student maintains 90% or above attendance. The high attendance percentage has a high correlation with successful student outcomes. Please if your child is struggling to come to school come and talk with us – we have a team of people to support the student in this space including student services, participation coordinator, year leaders and so on. Several of

us meet each week with regional office to track students and where they are at, in regard to attending and succeeding at school or another training provider.

We are working hard with our community and following conversations with members of the community it is evident that working in partnership with parents is crucial for student success. As we continue to reflect and plan for improvement, set goals and review, there are many things thrown into the mix that are not expected. We endeavour to continue to find solutions

Our school is on an improvement journey with Fogarty EDvance and 2024 is our third year. We have made some movement with our Year 9 NAPLAN results and our school behaviour has also had some improvements with less suspensions across the board. Our ATAR median increased by 14%, our VET achievements have also seen an increase of almost 15%. We still have targets to reach in regard to students getting their West Australian Certificate of Education (WACE – Year 12 graduation) and OLN – however we are on track for students to complete OLN successfully. Engaging our students in class to gain a minimum C Grade, requires planning and action which our teaching staff are working diligently to achieve.

There appears to be several barriers that have been indicated by our students – namely mental health and the inappropriate use of social media. This has lead to an increase of anxiety concerns and the cycle begins for missing school and isolation. No doubt you would have seen the numerous media attention towards people under 15yo and the addiction to phone and like devices being liken to a pandemic. It is important to place boundaries so students can focus on what matters and what the time is allocated for. Class timetables are allocated for teaching and learning – not phone calls, texts, Snapchat, playing music with ear pods, videos and the list continues. This is currently being the experience of a few students – not quite a pandemic, however, needs to be addressed to ensure this does not increase. We also are not resourced to continually address these actions. There is a mobile device in school policy from the Department of Education to support this known as 'Off and Away'. If parents/guardian are needing to speak to a student please phone the front office to have this arranged.



Principal's Report Continued

We have had some new staff members join us at the school – particularly in the front office with Mrs Londa Finlayson facilitating enrolments and Ms Daphne Salamatin as our Executive Support Officer. We will be welcoming Justine Slater who will be our Highly Accomplished Lead Teacher and Mr Aaron Morton who will be our second Student Services Program Coordinator. Mr Morton will be coordinating the Positive Behaviour Support program whilst Ms Maxine Clark will continue with the Mental Health and Wellbeing / Pastoral care.

We are sad to announce that Mr Alistair Potts will be leaving us after 25 or so years. Mr Potts will be going to Katanning Senior High School as he pursues some new adventures in his journey. Mr Teegala from Maths will be transferring to Eastern Hills SHS and Ms Webb is moving to the South West. We wish them all the best of luck.

Last but definitely not least we are turning 70 in 2025 and are seeking a working party to coordinate events to celebrate this wonderful occasion.

Please email Carol Potts – carolyn.potts@education.wa.edu.au with 'turning 70' in subject line and provide name – class year and phone number so we can arrange to meet and get the ball rolling. It will be great to have the whole community involved in this momentous celebration. Feel free to pass this detail to others who attended / taught at this school.

Until the next one – Stay happy!

Ms Sandii Stankovic

Attendance Does matter

1 or 2 days may not seem like a lot but...

If your child misses...	That equals...	Which is...	And over 13 years of schooling that's...	Which means the best your child might perform is...
1 day per fortnight	20 Days per year	4 Weeks per year	Nearly 1.5 years!	Equivalent to Finishing in Year 10
1 day per week	40 Days per year	8 Weeks per year	Over 2.5 years!	Equivalent to Finishing in year 9
2 days per week	80 Days per year	16 Weeks per year	Over 5 years!	Equivalent to Finishing in Year 7
3 days per week	120 Days per year	24 Weeks per year	Nearly 8 years!	Equivalent to Finishing in Year 6

ANZAC Day

Mrs Nan Steer



This year we had to deliver our ANZAC assembly through a digital platform to ensure we continued our long standing tradition. We honoured the ANZAC's with our field of 100 soldiers along with images of our family, friends and former students who served or currently serve in the military, compiled into a movie for students to watch during Advocacy.



Prefects and Student Councillors and Staff attended the Combined School ANZAC service hosted by East Narrogin Primary. With a theme of stories our Head

Prefects Abby and Beau spoke of Veteran AB Facey compiled by Skye and Casey, before laying a wreath on behalf of Narrogin SHS. On ANZAC Day at the town service, Head Prefect Abby Dewing and Prefect Leah Mulcahy laid a wreath in honour of our fallen soldiers on our behalf. Student Councillor Clancy Shepherd beautifully recited a poem to a well-attended crowd.

This year we paid tribute with our wreath to:

WX11533 Gunner

HJ Schnaars

2/7 Field Regiment R.A.A

LEST WE FORGET



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Australia's Biggest Morning Tea School Recognition

Ms Susan Pattullo

Year 8 Food, Science and Technology students at NSHS have been participating in Australia's Biggest Morning Teas run by the Cancer Council for over 20 years.

The students prepare the food, host invited guests and fundraise for this worthy cause.

In recognition of the schools long standing involvement, Home Economics teacher Susan Pattullo was recently invited to a Thank You Morning Tea hosted by the Cancer Council at Crawford Lodge in Nedlands. It was great to be able to hear how the funds raised are used to help and others and for research purposes.

We hope to be able to continue this tradition in the future and look forward to hosting family and friends of the relevant Year 8 FST class in Week 6.



Positive Behaviour System

Mrs Ellie Heaton

As part of our Positive Behaviour System, Mrs Heaton has been running a 'Catch the Kindness' campaign for Year 9. Members of staff from right across the school (teachers, canteen staff, grounds staff and support staff) are being asked weekly to notice Year 9s being kind and nominate them for praise and rewards in their Year Meetings. Over the past two weeks, staff have praised forty Year 9s for using their manners, being polite and helping staff. Mr Perry also noticed Quintin Epworth moving another student's bag out of the deluge of rain we had recently – well done, Quintin!



It has been wonderful to see the Year 9s getting excited in Year Meetings and congratulating each other when their name is called out. Students earn rewards for staff nominations, and an entry into the end of term lucky draw for a gift card if they are nominated as Star of the Week by their Advocacy teacher. Additionally, Mrs Nelson invited some of the nominated Year 9s to the Youth Health and Wellbeing Festival to reward them for their kindness at school.

Mrs Heaton is incredibly proud of Year 9 and is looking forward to more nominations as the term continues.

Science

Mr John Johnson

9STEM

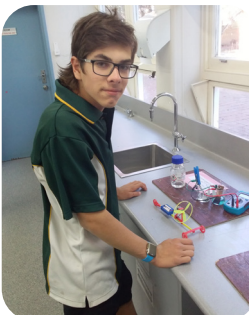
Students have been studying the physics of rockets. They have built rockets which will be launched on the oval. They have learnt about forces acting on a rockets and Newton's Laws of Motion. The images shown are of the students building a fan car which shows how unbalanced forces provide the vehicles acceleration. True STEM is learning the science, technology, engineering and mathematics around us.



Bella Corrales



Chase Tullett



Xavier Nenke



*Harrison
Tinley*

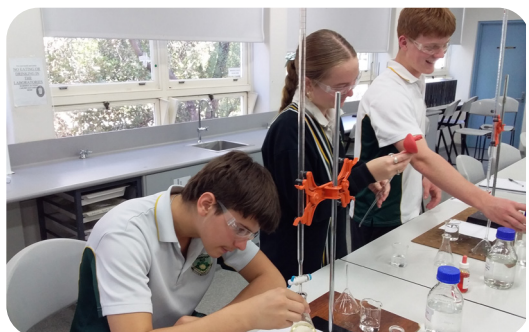
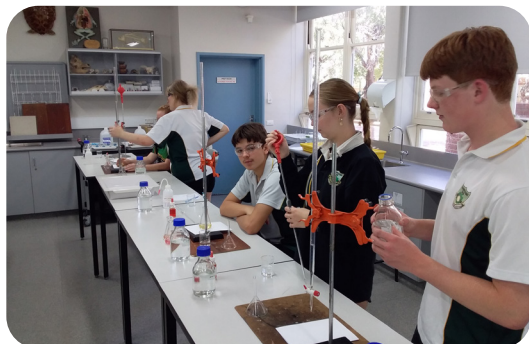
Year 11 Chemistry

It is not just the course content such as stoichiometry and intermolecular forces that need to be studied. It is learning the science practical skills that allow the students to perform complicated experiments that they were unable to do in their junior classes.



Year 12 Chemistry

One aspect of the course is volumetric analysis. It involves the students analysing exact concentration of solutions by using a precise and accurate procedure.



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Digital Citizenship

Ms Ellie Sheridan

"In Term 1, students studying Digital Citizenship participated in the National Coding Challenge run by GROK academy. Over a series of weeks, Digital Technologies resources, along with sets of questions were distributed to the participants over Australia.

Participants used the information to solve the problems, and submit their solutions, There was a great engagement from the students in the competition, with over 130 students receiving a Certificate of Participation.

Special mention needs to go to our 12 students over Years 9 and 10 who received awards from GROK.

Congratulations to the following students for their achievements.

Certificate of Credit:

Malachai Gibb and Yorick Gibb

Certificate of Merit:

Ainslie Gath, Cody Edwards, Delilah Klaasen, Kacey Johnson, Kirstie Gath, Zoran Vukomanovic, Nnaemeka Ezeorakwe, Oliver Quinn & Tristan Purdie

Certificate of Distinction:

Maui Baljeau & Bella Corrales



Student Services Helpful Hints

Ms Maxine Clark

It has been a busy start to Term 2 with Rock and Water running twice a week involving Year 11 and Year 8 students. It is a fantastic opportunity for all students to improve their resiliency skills and develop new and in figurate current friendships.

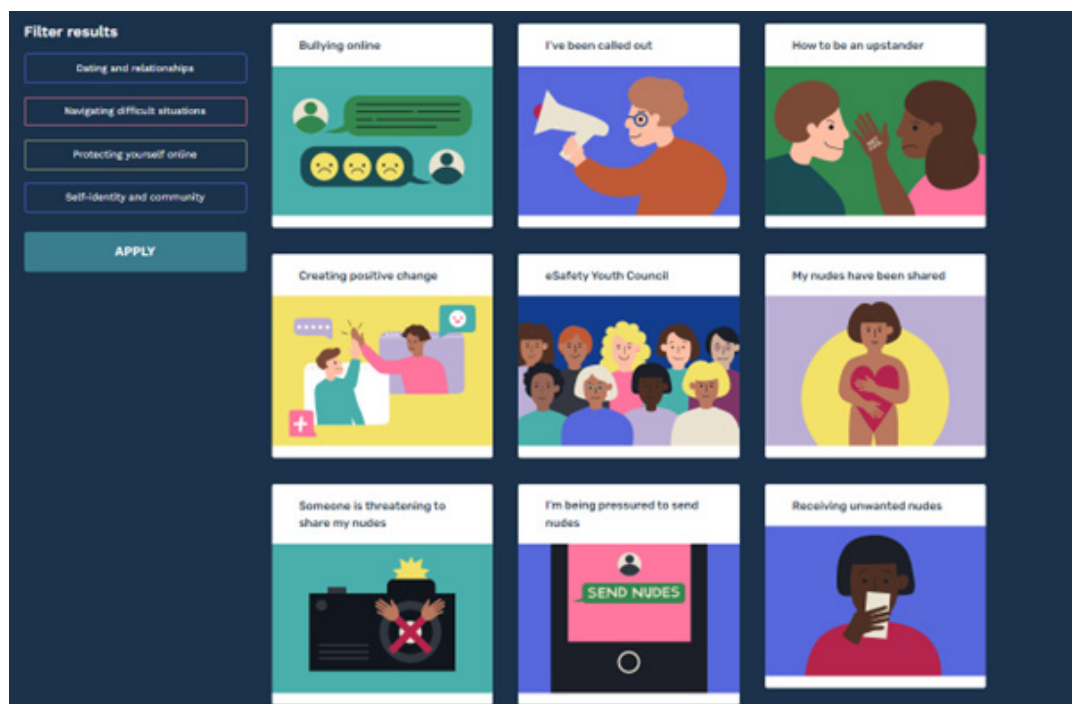
We are very excited to welcome Ellie Heaton to the team as the Year 9 coordinator. Ellie has been busy getting to know and developing positive relationship with her students. Students have a range of lunch time activities to attend this term. I am looking forward to popping in on the ukulele classes and trying a tune or two.

NAIDOC week planning is full steam ahead and we look forward to celebrating week 10 this term. The 2024 theme is, "Keep the fire burning! Blak, loud and proud." Just a reminder that term 2 is an 11-week term and the last day of term is the 28 June.

With the increase in cold weather we have seen a number of students wearing hoodies. We would really appreciate your support with this matter as it difficult to manage student behaviour if students are wearing a hoodie. Please ensure your child is wearing the rugby jumper or school jacket. If for any unforeseen circumstances they are not able to wear the correct uniform we have spares available in Student Services.

Several students are having trouble in managing their interaction with social media. At NSHS we are all working hard to ensure our students have the tools to keep them safe online. A great resource for all ages is the eSafety commissioner, they have a great website. <https://www.esafety.gov.au/>

Below shows a small sample of the information that is available for young people.



They also have an informative section for parents on Parental controls with step by step instruction on how to protect your family in range of ways including:

- home wi-fi network
- built into devices, including computers, mobile devices, gaming consoles and smart TVs
- through third-party software
- in apps and programs, including streaming services, web browsers and search engines

Thanks again for your support in aiding the Student Service teams to support your child.

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KOORLONGKA

YOUTH HEALTH & WELLBEING
EXPO



FRIDAY 26TH JULY 2024
9:00AM TILL 3:00PM
NSHS CYM

Narrogin Senior High School
"Respect. Responsibility & Tolerance"

LEGO CLUB



**Monday
Lunchtime
Library**

Library

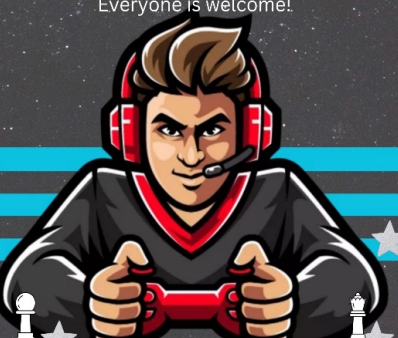
The library is open at lunch time
for students to
play cards, board games, use the computers,
read a book, finish homework
Everyone is welcome!



CHESS.COM

**MONDAY
LUNCHTIME
LIBRARY**

Meet Mr Durell for a game of chess...
Everyone is welcome!




UKULELE LESSONS

Calling all
Year 9, 10s & 11s.
Ms Sargeantson
& Ms Smith
are running
Ukulele lessons.
Everyone is welcome
especially beginners.

Head to Student Services
to sign up.

**Wednesday
Lunchtime
Room 54**




Breakfast Club


More than Tea and Toast

MONDAY TO FRIDAY
8.15AM TILL 8.45AM
IN THE WELLBEING WING
NEAR THE YEAR 7 AREA

Follow the Dream

*Individualised after-school
tutoring and mentoring that
improves performance across
all areas of the curriculum.*

Room 1
Monday to Thursday
3.00pm till 4.00pm
Afternoon Tea Provided



Narrogin Senior High School
"Respect. Responsibility & Tolerance"

Polly Farmer
Follow the Dream

ACTIVE LISTENING

S.L.A.N.T.

SIT UP STRAIGHT
LISTEN CAREFULLY
ASK QUESTIONS
NOD YOUR HEAD

T → TRACK WITH YOUR EYES
→ TAKE NOTES
→ TALK TO THE TEACHER



Creating In Visual Arts

Ms Marga Felipe

Students learning Visual Arts become inspired to generate ideas from a variety of sources, including experiences, beliefs and personal interests. They select a concept to explore and perform an extensive process of research and appreciation of other artists working in a similar topic, or working with similar materials.

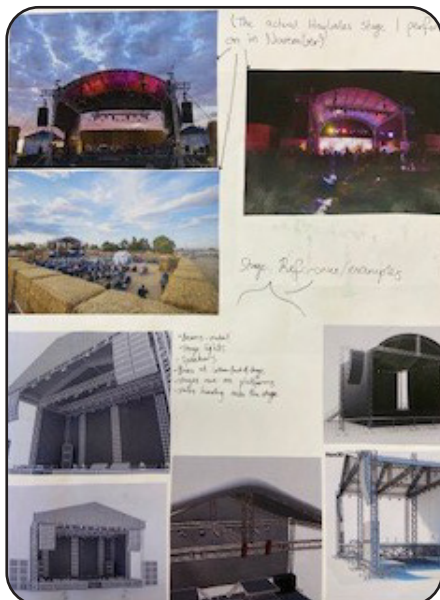
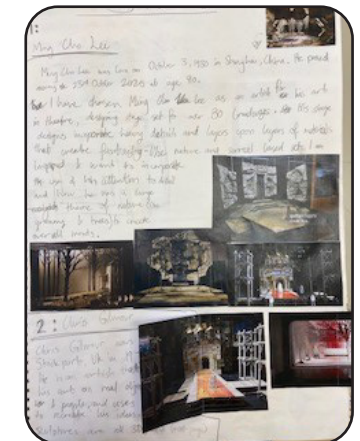
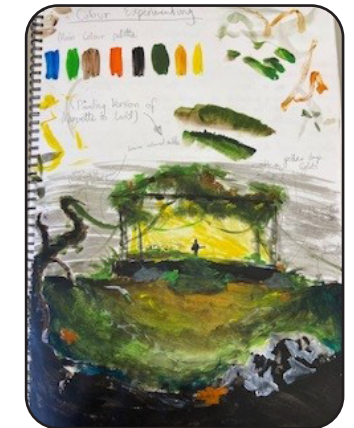
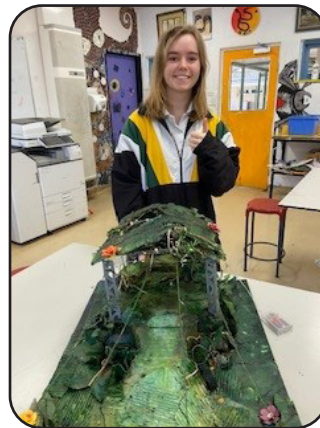
Jade Bray (Year 12 student), participated last year in the Narrogin Hay Bales Concert.

Stage design is an art form that creates the visual elements of a play, including the set, props and lighting. Jade's experience led to an exploration of a stage design founded on the theme of nature.

From the original drawings to the construction of the maquette, we can appreciate a range of skills and processes used to recreate a three-dimensional space.

Who wouldn't want to sing and perform in such a wonder?

Congratulations to Jade Bray for a magnificent Production work constructed in Semester 1.



Praise for Community Mural

Year 8 student, Ashleigh Jenner was asked by a community member to design a mural for the Netball courts in Narrogin. The mural is now fully painted and we are very proud to see the dedication given to Art projects outside of the classroom setting. The gift of this mural, no doubt, will be enjoyed by all in the community. Please congratulate Ash on this magnificent work. She has a bright future ahead of her.

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Ross Ross Meadows Shield

*Mrs Hennessey
Hockey Academy Teacher*

A combination of students from the Year 7, 8 and 9 Hockey Academy classes travelled to Perth on Monday 6 May to play other specialist hockey schools in the Ross Meadows Shield competition.

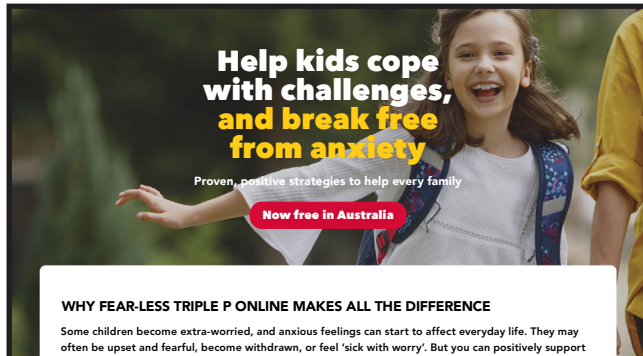
The round robin started with a match against Bob Hawke College. An intense game ended with a 1-0 win to Narrogin after a successful short corner play in the last minute of the game. The second round versus Carine saw Narrogin have a lot of the ball in the attacking half but only one ball into the back of the net after 15 minutes of game time. Round three was a match up with the school that won the competition last year, Como 1. Both teams played some great hockey with high levels of skill in both attack and defence. While Narrogin scored first, it was fitting that the game ended in a 1-1 draw as both teams were very evenly matched. The final pool match was against Shenton College 1. The Narrogin team combined well and managed to put 3 goals past the keeper resulting in second place in the pool after a count back with Como 1.

The cross-over finals saw Narrogin having a hard fought 2-0 win over Bunbury but coming up short against the eventual winners for the day Shenton College 2. If not for the great saves from Oliver in goals, it would have been more than a 2-1 loss. The day finished on a positive note with another win over Como 2. During the presentations, Narrogin were named in third place out of the ten teams that competed, just edged out of second due to goal difference with Como 1. A fantastic achievement.

Congratulations to all the players who gave everything they had all day to ensure the success of the team. A huge thank you to Beau Flood for umpiring all seven matches throughout the day and another thank you to super coach Steven Durell for expertly managing the rotation of 15 players throughout the day and providing valued feedback to the team.



Notices



Help kids cope with challenges, and break free from anxiety
Proven, positive strategies to help every family
Now free in Australia

WHY FEAR-LESS TRIPLE P ONLINE MAKES ALL THE DIFFERENCE


Some children become extra-worried, and anxious feelings can start to affect everyday life. They may often be upset and fearful, become withdrawn, or feel 'sick with worry'. But you can positively support your child to develop their own toolkit of coping skills. It'll bring you closer and help them manage anxiety and deal with difficult emotions in healthy ways – now, and in the future.

- Understand more about anxiety (and how to reduce it).
- Know how to respond to your child when they're anxious.
- Help your child develop skills to cope with challenging situations and solve problems.
- Teach them a range of strategies based on proven principles.
- Raise happier, more capable kids who can meet life's challenges.
- Join a million+ parents and carers in Australia who've been helped by the Triple P – Positive Parenting Program®.

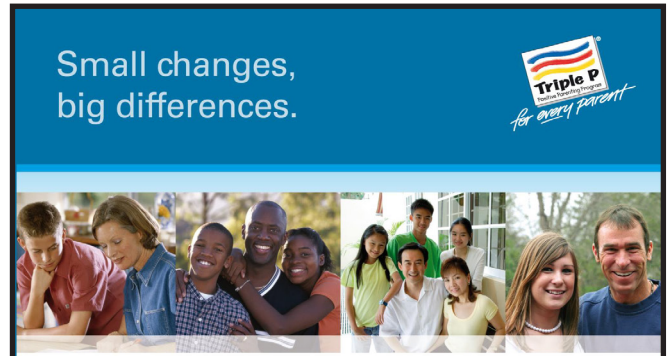
Free support for your positive parenting journey
Practical steps you can take to help your child or teenager to feel calmer and more capable. When you know how, you can help them be more emotionally resilient, and teach them new skills. Watch them gain confidence as they learn to tackle fears and situations they've been avoiding.

- Interactive, easy-to-use online program, including videos and activities and a downloadable workbook.
- Each module only takes about an hour or less, and you can do just a few minutes at a time.
- Available anytime, at your place, at your pace!

Help give your child the life skills they need with Fear-Less Triple P Online – for parents/carers of children (6+) who are often anxious.

 **START YOUR FREE PROGRAM TODAY!**
triplep-parenting.net.au
Funded by the Australian Government Department of Health and Aged Care

Triple P International acknowledges the Traditional Custodians of the lands on which we live and work. We respectfully acknowledge Elders, past and present who continue to guide us with their wisdom on our journey to support and build strong healthy families.



Small changes, big differences.
Triple P (Positive Parenting Program) Online

The Triple P – Positive Parenting Program® knows all parents have different needs. That's why Triple P has many different ways for you to get your parenting help so you can choose what will suit you and your family best.

There are a variety of programs available free online.

Fear-Less Online
Understand how anxiety works, learn key anxiety-management and coping skills that you can teach your children and teens, and learn to manage your children and teens' anxious behaviour effectively.

Online parenting course - help kids overcome anxiety | Triple P (triplep-parenting.net.au)

Family Transitions Online
Separation or divorce can be a challenging experience for you, your child, and the whole family. You can ease the transition with proven tips and strategies that support everyone to cope and adjust well during this time.

Online program for separating or divorcing parents – create stability | Triple P (triplep-parenting.net.au)

Triple P Online
Stay calm under pressure. Strengthen your relationship, fix issues before they become real problems, and positively influence your child's skills and development. This full toolkit of tips and ideas really works! (Note this program is for parents who have children under 12 years old).

Online program, research-backed | Positive parenting strategies | Triple P (triplep-parenting.net.au)

Teen Triple P Online (paid)
Positively influence your teenager's development and life skills – a full toolkit of proven tips and ideas, including 15 effective strategies for supporting your teen to be responsible, resilient, and connected! For parents of pre-teens to 16 years.

Online program for parents of 10-16 yr-olds | Proven strategies | Triple P (triplep-parenting.net.au)

www.triplep-parenting.net.au



mastermind AUSTRALIA

JULY EXAM PREPARATION & REVISION PROGRAMS

Tuition for all students Year 7 to 12

Week One 1-5 July Venue: Christ Church Grammar School **plus** OLN Program

Week Two 8-12 July Venue: Hale School

The July School Holiday Programs will offer students comprehensive subject revision. These classes assist in preparing students for their Second Semester Exams.

20% school discount per subject

ENROL NOW
www.mastermindaustralia.com.au

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email: admin@mastermindaustralia.com.au

Career conversations 2024 Information sessions for parents and students

The world of work is changing. It is important to have career conversations with our young people to support their understanding of the future learning, work and life opportunities available to them. Please book through :

Career Conversations - information for families (Narrogin) Tickets, Narrogin Education Office - Conference Room, Narrogin | TryBooking Australia

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