



HIGH SCHOOL HIGHLIGHTS

Narrogin Senior High School
Issue 5 2023



COUNTRY WEEK 2023

On 25 June 86 students boarded a bus to compete in the annual High Schools' Country Week. Students had been training 15 weeks prior, preparing for this event.

We travelled to Perth, stopping for our student weekly food shop.

Through the week teams competed against schools from Karratha to Esperance and played each game with great sportsmanship and effort. The following results are where our teams ended for the week. Volleyball Boys were a close second just losing in the grand final to quality opposition.

Results		MVP
Mixed Hockey	3rd	Noah Bowen-Zoccoli
Mixed Soccer	6th	Kade Kulker
Touch Rugby	4th	Mitchell Cotton
Boys Basketball	5th	Evan Lobb
Boys Volleyball	2nd	Mike Brillo
Girls Basketball	7th	Harley Heywood
Girls Volleyball	6th	Aniela Turner-Reid
A Netball	4th	Ella Harrington
B Netball	4th	Grace Mulchy

Jordan Heil



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Narrogin Clontarf Academy

On the 18 July, the Narrogin Clontarf Academy travelled to Cockburn to take part in game 3 of the Clontarf state of origin selection footy game.

Zech Ford and Noah Bowen-Zoccoli represented Narrogin Senior High School and the Narrogin Clontarf Academy extremely well on the day and competed to the best of their abilities. Both boys were selected for the South to compete against academies from the North of Western Australia. The boys played extremely well in a solid defence that absorbed a lot of pressure from the opposition resulting in a hard-fought win for the south.

After the game the boys were invited to an Awards night where selectors announced WA State Squad of 22 to travel to Melbourne to compete against a Combined Eastern States Team. At the dinner they announced that Noah Bowen-Zoccoli had been selected to represent both Narrogin and Western Australia later this year in Melbourne. Unfortunately for Zech he was not selected this year, however being a year 10 and getting this far in a senior competition is a great achievement. Well done Zech Ford and congratulations Noah Bowen-Zoccoli.

Craig Davies | Director
NARROGIN CLONTARF ACADEMY



Advance with Integrity | Responsibility Respect Tolerance

Lunch Time Tunnel Ball/Leader Ball/Longest Kick Activities

As part of sense of belonging and participation students have been participating in lunchtime activities with Miss Nelson.

Tunnel ball and Leader ball on the Year 7 grass area was thoroughly enjoyed by all and the winning team enjoyed a chocolate reward. Three lucky winners received prizes for the longest kick in footy with both girls and boys participating.



Year 7s and bringing back the good old fashion Tunnel ball and Leader ball



All years participated in their attempt at kicking the furthestest



Staff vs Students Volleyball

Thursday 3 August, we had a staff vs students volleyball match at lunch in the gym. This was the first of the best of three series of staff vs students.

First round was a tight finish. Final score, 21 – 17, with victory going to team Staff. Second round was incomplete due to time. Next round is Dodgeball at week 5. So, watch this space...

Team staff included: Mr D’cruz, Mr Heil, Ms Ferguson, Mr Walliss with help from Kye Sheridan, Jayden Lamanovski, Tepora Hotene & Kiana Roser

Team students included: Luke Parker, Ben Robins, Aleiah Bushby, Makayla Beary, Olivia Hendry, Mike Brillo, Georgia Furphy, Liberty Tullett

Special shout out to Toby Fitzpatrick for keeping score / umpiring.



Ms Amy Ferguson & Mr Jean D’cruz

St George’s Art 2023

St George’s Cathedral celebrated its 20th exhibition in July with works by students in Years 10, 11 and 12 from schools throughout the state. Since its beginning in 2003, St George’s Art has become a prestigious annual event in the City of Perth and the Cathedral.

Two of our students, Jade Bray (Year 11) and Tepora Hotene (Year 12) General Visual Arts students, have taken up this opportunity to exhibit their work in this exhibition.

Congratulations to Jade and Tepora for their input in this wonderful exhibition amongst so many schools.

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Title: Spiralling Colours
Medium: Acrylic on canvas
Category: 2D
Artist: Jade Bray
Year 11
16 years old
School: Narrogin Senior High School

‘Spiralling Colours’ is a painting inspired by my personal experiences since 2021. I have used butterflies to represent emotions and attitudes, which made a large impact on my growth as a person. The butterflies resemble stress I felt, and the gold the experience I gained from it.

70



Title: Roots and Wings
Medium: Acrylic on canvas
Category: 2D
Artist: Tepora Hotene
Year 12
17 years old
School: Narrogin Senior High School

The trees on my farm provide a sense of comfort and stability. To know that they will grow tall and strong gives me peace. The trees are deep rooted, and are anchored to the earth. I feel as though everything is changing and I must learn to fly off from the nest. Growth is normal for life to develop and prosper, to stand tall and proud in harsh conditions and environments.

Student Services



On the last day of Term 3 around 60 students participated in cookie decorating with Miss Nelson and Ms Penny as a part of the PBS rewards day.

They made so many amazing designs and created gratitude cards to go with their cookies to give to someone special.



Bullying No Way Day

At Narrogin we are participating in the Bullying No Way Day on Friday the 18th of August. At NSHS we have clear definitions and procedures for bullying, harassment, discrimination, and violence.

Bullying, harassment, discrimination and violence are all interpersonal behaviours that can create or contribute to negative social environments.

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen via various digital platforms and can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

Students have addressed bullying @NSHS through. These types of conflict still hurt and need to be addressed and resolved, however, it is not helpful to class them as bullying.

Harassment is behaviour that targets an individual or group due to their:

- identity, race, culture or ethnic origin
- religion
- physical characteristics
- gender
- sexual orientation
- marital, parenting or economic status
- age
- ability or disability

Discrimination occurs when people are treated less favourably than others because of their:

- identity, race, culture or ethnic origin
- religion
- physical characteristics
- gender
- sexual orientation
- marital, parenting or economic status
- age
- ability or disability.



Compass Rewards

Prizes are flying out the door at Student Services with a whopping 214 prizes brought by students.

The biggest hit has been the sticky lizards, lolly bags, footballs, lego and pokemon figures.

The Year 12s are able to use their Compass points on, Coffee and Cake with Mrs Marlow at the Hilltop Cafe, canteen voucher and paying for the end of year Dinner.



Compass Rewards

Compass Rewards are Narrogin Senior High Schools exciting reward system for students who demonstrate our core values. Each point will contribute to the end of term House Points and allow you to buy individual rewards for yourself!

- Ask your Advocacy teacher about how many points you have earned.
- Ask Ms Penny about purchasing a Compass prize.
- Ask Mr Heil about your house Compass points.
- Pop into Student Services where the selection of prizes are on display.

NARROGIN SENIOR HIGHSCHOOL COMPASS POINT TOTAL

House	Total Points	Vivo	Column1	Total	Rank	House	Tally
Taurus	94899	47295		47604	2	Pices	91637
Pices	91637	41102		50535	1	Taurus	94899
Leo	101867	56679		45188	4	Scorpio	93660
Scorpio	93660	46870		46790	3	Leo	101867

Containers 4 Change at NSHS

What is accepted from the canteen?



- Water bottles
- Small and large flavoured milk cartons
- Juice bottles and boxes
- Juice Bombs
- Regular milk boxes and hot chocolate cups are NOT eligible for refund

Why Put These Containers in the Correct Bin?

By recycling these containers, you prevent them from entering landfill, and reduce the waste produced by our school. The 10c refunds collected go to the student council, to help fund more projects which better our school community.

Where are the Containers 4 Change Bins?

There are 2 in the Canteen and one on the oval. They are bright green so you shouldn't miss it!



NARROGIN SENIOR HIGH SCHOOL

POSITIVE BEHAVIOUR MATRIX

ALWAYS

LEARNING TIME

BREAK TIME

MOVEMENT TIME

RESPECT



- Ensure physical contact is appropriate and wanted
- Use polite language
- Follow staff instructions
- Personal devices off and away all day
- Think before you speak and act

- Remain quiet and actively listen
- Let others learn
- Accept the consequences of your actions

- Use your manners
- Speak in a friendly manner
- Care for the school and your belongings

- Use an inside voice in corridors
- Keep to the left
- Allow space in front and behind when queuing

RESPONSIBILITY



- Be an upstander
- Wear school uniform
- Be resilient and ask for help when needed
- Keep areas tidy
- Attend school regularly
- Be prepared and on time

- Set goals for learning
- Strive for excellence
- Focus on learning and put distractions aside
- Work as a team and be accountable

- Be safe at school
- Refuel and hydrate for learning
- Take toilet breaks now
- Stay within school boundaries
- Use sport equipment in the correct location

- Walk quietly
- Keep moving together
- Take the shortest route to class

TOLERANCE



- Be kind and patient
- Look out for each other
- Accept everyone's differences

- Re-establish working relationships after conflict
- Encourage others
- Be understanding of others' ideas

- Make others feel welcome
- Treat others in a polite and positive way

- Acknowledge and connect with others
- Be aware of others' needs
- Be patient when walking behind others

TOP STUDENT AWARD WINNERS

Blake Reid	7	Physical Education
Clancy Shepherd	7	Music
Cruz Alexander	7	Health
Emma Furphy	7	Food Science and Technology
Hadassah Ballard	7	Arts
Isla Maartens	7	Dance
Kayla Hobson	7	Academy Netball
Lukah Scott	7	Aboriginal Lang and Culture
Miley Blyth	7	Materials Design and Technologies
Olivia Dewing	7	Humanities and Social Sciences Indonesian English Mathematics Science Academy Hockey
Stirling Matthews	7	Drama
Anna Corner	8	Food Science and Technology
Ava Ward	8	Academy Netball
Harrison Tinley	8	Academy Hockey
Hayley Parks	8	Arts
Hope Hayes	8	Materials Design and Technologies
Isabella Corrales	8	Mathematics Science English
Isabella White	8	Aboriginal Lang and Culture
Justin Revilla	8	Indonesian Physical Education
Lane Mail	8	Drama
Riona Schmid	8	Health
Stella Nardini	8	Humanities and Social Sciences
Bailey Perkins	9	Academy Hockey Physical Education
Bella Logie	9	Academy Netball
Caitlyn Gill	9	Drama Mathematics Health

Daniel Whitty	9	Engineering Design
Darcy Copeland	9	Visual Arts
Emily Kulker	9	Photography
Lexi Mutton	9	Financial Literacy
Luke Price	9	Materials Design and Technologies - Metal
Maya Lehmann	9	Music
Rowan Bradford	9	Materials Design and Technologies - Wood
Savannah Hammond	9	Food Design and Technology
Scott Tyson	9	Humanities and Social Sciences English STEM
Angel McGrath	9	Science
AJ Boaden	10	Materials Design and Technologies - Metals Trade Workshop
Casey Dicker-Lee	10	Photography International Foods
Davan Chaplin	10	Physical Education
Elijah Nishimwe	10	Certificate I in Skills for Vocational Pathways
Flynn Harper	10	Academy Hockey
Georgia Ellis	10	Visual Arts
Jacob McDonald	10	Financial Literacy
Jai Harcourt	10	Music
Kate Corner	10	English Physical Recreation
Kate Cousins	10	Humanities and Social Sciences
Lucas Babic	10	STEM
Olivia Hann	10	Academy Netball
Tabitha Pederick	10	Mathematics Science Health
Xavier de Gruchy	10	Cert I Workplace Skills

TOP STUDENT AWARD WINNERS

Abby Dewing	11	ATAR Modern History	Sharny Shipway	11	Cert II Visual Arts (Graphic Design)
		ATAR English	Sienna Lanciano	11	General Food Science and Technology
		Mathematics Methods			
		ATAR Chemistry	Bryanna Lee	12	General Career and Enterprise
Aniela Turner-Reid	11	ATAR Psychology	Byron Wilmot	12	ATAR Geography
		ATAR Physical Education		12	Mathematics Methods
Blake Knight	11	Cert III in Business		12	ATAR Physics
Chelsea Shepherdson	11	Foundation English		12	Mathematics Applications
Claire Conlan	11	General Human Biology	Hanna Jagan	12	ATAR English
		Certificate II Sport and recreation		12	ATAR Human Biology
				12	ATAR Psychology
Deborah Trott	11	Mathematics Foundation	Jack Giles	12	Foundation English
Dylan Marland	11	Materials Design and Technologies - Metal	Jazmin Fussell	12	Cert II in Workplace Skills
Georgia Copeland	11	General Career and Enterprise	Jude Corner	12	ATAR Chemistry
			Kiana Roser	12	ATAR Physical Education
Guillaume van der Riet	11	ATAR Physics	Kyron Little	12	Mathematics Foundation
Jade Bray	11	General Design: Photography	Leila Pederick	12	General Design: Photography
		General Music	Liberty Tullett	12	General Physical Education
		General Visual Arts			
	11	General English	Menai Milton	12	Cert II Visual Arts (Graphic Design)
Jakeb Western	11	General Building and Construction	Oliver Woodford	12	General Building and Construction
Kaidee Marsh	11	Cert II in Workplace Skills			Materials Design and Technologies - Wood
Leah Mulcahy	11	ATAR Human Biology			Cert III in Business
Nicholas Bowman	11	Materials Design and Technologies - Wood			Mathematics Essential
Riley Congdon	11	Mathematics Essential	Petra Narwastu	12	General English
			Tepora Hotene	12	Visual Arts General
	11	Mathematics Applications			General Health Studies
	11	General Physical Education	Tilly Carvey	12	General Human Biology
Talise Rogers-Bouffler	11	General Health Studies	Toby Fitzpatrick	12	Materials Design and Technologies - Metal

Academic Excellence Winners



Sienna Blechynden	7
Olivia Dewing	7
Kozwaie Ledger	7
Luci Neale	7
Anna Corner	8
Isabella Corrales	8
Hayley Parks	8
Kate Corner	10
Kate Cousins	10
Olivia Hann	10
Tabitha Pederick	10
Tamzin Pederick	10
Jade Bray	11
Abby Dewing	11
Claire Hedditch	11
Guillaume van der Riet	11
Makenna Batt	12
Gabrielle Cousins	12
Karli Martin	12
Byron Wilmot	12
Oliver Woodford	12





How to Bounce Back from a Disappointing Assignment Mark

We've all been there – eagerly awaiting the results of an assignment we thought we had slayed, only to be disheartened by a disappointing mark. It's completely normal to feel down at first but remember, setbacks are opportunities for growth and improvement. Here are some steps you can take to handle a disappointing assignment mark and turn it into a learning experience:

1. Analyse and Understand the Feedback:

When you receive your assignment back, take the time to review the feedback provided by your teacher.

Ask yourself the following questions:

- Did you meet all the criteria outlined in the assignment?
- What specific feedback did your teacher provide?
- Do you fully comprehend the feedback given?
- Can you identify the reasons behind the mark you received?

If you're unsure about any aspect of the feedback, don't hesitate to ask your teacher for further clarification. Understanding where you went wrong is crucial to avoid repeating the same mistakes in the future.

2. Choose to Accept or Challenge:

Once you've gained a clear understanding of the feedback, you have two options: accept the grade or challenge it.

- **Accept:** If you realize that the mark reflects your performance accurately, don't dwell on it too much. Acknowledge that everyone makes mistakes, and view this experience as an opportunity for growth. Embrace the mindset that successful individuals use failures as stepping stones toward improvement.

- **Challenge:** If you genuinely believe that the mark awarded does not align with your efforts and adherence to the criteria, approach your teacher respectfully and express your viewpoint. Politely ask if they would reconsider the mark while providing evidence to support your case. Remember, advocating for yourself should always be done with respect.

3. Learn and Adapt:

Improvement comes from learning from your mistakes and taking action to rectify them. Make a conscious effort to identify where you went wrong and devise a plan to correct it. Consider these steps:

- **Re-do the Assignment:** If you have the dedication and time, consider revisiting parts of the assignment and resubmitting them. Revising your work not only demonstrates your commitment but also helps you apply the feedback effectively.

- **Seek Inspiration:** Ask your teacher if you can examine assignments from students who received top grades. Analyse their work to understand what elements contributed to their success and identify areas where your assignment fell short.

- **Seek Early Feedback:** For your next assignment, share your plan or draft with your teacher before the submission deadline. This proactive approach allows you to receive valuable feedback early on, giving you ample time to make improvements.

Remember, your academic journey is about learning and growth. Embrace every assignment, whether successful or disappointing, as a chance to hone your skills and become a better student. Stay persistent, and don't let setbacks define your capabilities. With a positive attitude and willingness to learn, you'll be better prepared to face future challenges and achieve your goals. Keep striving for excellence and improvement.

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These free webinars are a great way to learn about myfuture and other current topics from expert presenters. Register now: <https://myfuture.edu.au/assist-others/webinars>

Powering the future: Exploring expanding career opportunities in the Clean Energy Sector, Thursday 24 August, 2023 1:00pm (AEST)

As Australia transitions from fossil fuel to clean energy, careers in the energy sector are evolving and expanding. In this panel discussion hosted by Dr Anita Talberg, Workforce Development Manager at the Clean Energy Council, we will hear first-hand from several professionals from diverse backgrounds who are thriving in the clean energy industry.

The role of emotion in career education (for parents and carers) Tuesday 29 August, 1:00 PM (AEST)

Emotions, both positive and negative, are not only a result of educational and work experiences, but also play a vital role in learning and personal development. In education and employment, emotions can either stimulate or constrain thought processes, reflection, and proactive behaviours. Based on the Insights paper 'How emotions influence motivation and behaviour in career development learning', this webinar, presented by Dr Michael Healy, will help you understand how different emotions might affect your child's career development in different ways. He will provide advice on how you can recognise and respond to different career-related emotions that your child might be experiencing.

Coping with emotional challenges in career development - R U OK? Day 2023, Thursday September 14, 1:00pm (AEST)

Young people face uncertain employment pathways in their futures, and often feel enormous pressure to make the "right" career decisions to ensure success. Many typical career development tasks and situations can trigger or worsen stress and mental ill-health. In this webinar, the teams from the Student Wellbeing Hub and the myfuture career information service will join in a discussion about how career development influences, and is influenced by, wellbeing and emotional resilience. Coinciding with R U OK? Day 2023, they will share practical tips and resources for educators and parents to help young people cope with the emotional challenges that are so central to career development learning.

Register now: <https://myfuture.edu.au/assist-others/webinars>

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**SEPTEMBER/OCTOBER HOLIDAY EXAM
PREPARATION & REVISION PROGRAMS**

Tuition for all students Year 11 to 12

Week One 25-29 September
Venue - Christ Church
Grammar School

Week Two 2-6 October
Venue - Hale School

The September/October School Holiday Programs will offer Year 11 & 12 students comprehensive subject revision. These classes assist in preparing students for their Final Exams. *20% school discount per subject*

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Ngn VS Ngn Ag Pre Country Week Carnival

On Thursday 15 June the Narrogin Senior High School Country Week teams travelled to the YMCA to compete against the Narrogin Ag college in a range of sports in preparation to head off and compete in Perth in week 10.

We competed in Hockey, Netball, Basketball, Volleyball, Soccer and Touch Rugby. The practice games helped our team implement strategies practiced over the last 10 weeks of training. The day ended with a sausage sizzle and all the teams gathering up again to discuss the scores and congratulate the winners.

A huge thankyou is due to Mr Heil for organising this fantastic day and a thank you to the coaches and the Ag college for helping make this day possible.

Makenna Batt, Emmerson Nottle and Elijah Burgess

Country Week Photos



Country Week 2023 Continued

During the evenings student participated in numerous events. Laser tag was a hit with the students and some staff. Miss Simkins and Mr Daley are ace at shooting straight. Some students embarked on a walk-up Jacob's ladder and through Kings Park before duelling in a room cook off in the Waldorf lounge. Congratulations to Aniela and Trazine for winning the best dish. We also visited the movies to watch the new Transformers movie and eat at Belmont Forum.

On Thursday night we dressed up and attended our presentation evening at South Fremantle Football Club. All captains presented well during the evening and MVP's were announced. Congratulation to the students on their awards.

Thank you to Jason O'Neil and Kiana Roser for your hard work in leading our students throughout Country Week as our captains. Hopefully next year they will call our names in order for the opening ceremony.

Thankyou to Makenna, Elijah and Emmerson for all the shots displayed here and the daily updates on Facebook.

The days events, top 5 are written below

Country Week, Day 1 - Highlights

1. 86 students wearing black arm bands to support Mr Heil.
2. Basketball boys learnt being late meant a 6:00am appointment with Mr Heil.
3. Mr Daley being told to wait for a teacher before he could be served.
4. Lucas saves two Hockey goals with his hands.
5. Fletcher scored his first try in the wrong place for Touch Rugby.

Country Week Day, 2 - Highlights

1. Our touch rugby team being praised for their sportsmanship by the umpires.
2. Harley and the basketball girls for pushing through and never giving up
3. The basketball boys having their first win!
4. The media team for taking some epic photos so far
5. Our netball girls for finishing the day with a strong win

Country Week, Day 3 - Highlights

1. Girls Basketball and Girls Volleyball getting their first win of the week.
2. Strength shown by Max and Kade after a head collision at soccer.
3. Students supporting other teams by fielding injured players positions.
4. Spectating the Logie vs Logie Brother battle on the hockey turf.

Country Week, Day 4 & 5 - Highlights

1. Presentation evening, coaches speeches and MVPs
2. Volleyball boys making it to the grand final.
3. Miss Simkins being awarded MVP at laser tag.
4. Hockey collecting two win me in one day plus Logie's comeback with 4 goals
5. Basketball teams ending the week with 5 and 1 point wins



More Country Week Photos

