



CANTEEN MENU 2019 - Please order before 8.45am

LUNCHES (by order only)

	PRICE
Chicken or Ham & salad Box	\$6.00
Chicken or Ham & salad Bowl	\$3.00
Caesar Salad Small	\$4.00
Nuggets and Salad	\$4.50
Chicken & Salad Wrap ½	\$3.00
Whole	\$6.00
Chilli Chicken Wrap ½	\$3.00
Whole	\$6.00
Ham/Egg/Chicken & salad roll	\$5.00
Salad Roll	\$4.50
Ham/Egg/Chicken & salad sandwich	\$4.50
Hamburger (low fat)	\$6.00
Chicken Burger	\$6.00
Wedges	\$4.00
Hot Chicken Roll	\$5.00
Hotdog	\$4.00
Pizza Slice	\$3.50
Sausage Roll	\$3.00
Cruiser Pie (Good Eating)	\$4.00
Mini Pie (Good Eating)	\$2.50
Popcorn Chicken & salad	\$4.50
Muesli, Yoghurt & Fruit salad Bowl	\$4.00
Fruit Salad Small	\$3.00
Large	\$6.00
Toasted sandwiches (choose your fillings)	\$4.50
Spaghetti Bolognaise (homemade)	\$5.50
Chicken Fettucine (homemade)	\$5.50

RECESS

½ Chicken strip & Salad wrap
½ Diced Chicken wrap
Pizza Slice
Chicken Cheese Mayo ½ Roll
Brushetta
Cheesies
Fruit Salad Cups
Chicken Strip & Salad ½ roll
Carrot & Celery w'crackers and dip
Spaghetti Cheesie ½ Roll
Muesli, Yoghurt & Fruit Salad bowl
Fresh Fruit

DRINKS ETC

Water	\$2.00
Flavoured Milk Drinks - Large	\$3.50
Flavoured Milk Drinks - Small	\$2.50
Bottle Juice	\$2.50
Juice Box	\$1.50
Choc/Strawberry Nippy's	\$2.00
Yogo	\$2.00
Yoghurt	\$2.00
TERM 2 & 3 ONLY	
Hot Chocolate	\$2.50

PRICE

\$3.00
\$3.00
\$3.50
\$3.00
\$2.50
\$1.00
\$3.00
\$3.00
\$2.50
\$2.50
\$4.00
\$1.50

PRICE

\$2.00
\$3.50
\$2.50
\$2.50
\$1.50
\$2.00
\$2.00
\$2.00
\$2.50

ICECREAMS (LUNCH TIME ONLY)

Frozen Yoghurt	\$2.50
Paddle Pop	\$2.00
Icy Twist	\$1.50
Callipo	\$1.50
Paddle Pop Bucket	\$2.50
Vanilla Bucket	\$2.00
Quelch Stick	30c-60c

PRICE

Dear Parents/Caregivers

The Narrogin Senior High School Parents and Citizens Association operates the canteen, which aims to provide lunches and snacks at sensible prices and make a reasonable profit, which is used by the P & C for the benefit of the students. The policy of the canteen is to supply food suitable for the growth and health of the students.

As well as lunches, buns, rolls, fresh fruit, milk and fruit drinks are available at recess and lunch time.

The canteen employs an organiser and assistant's, but is dependent on volunteers to help reduce costs. A good roster enables the canteen to be run more economically and give better and cheaper service to the students.

Help is needed between 10.30am and 1.40pm each school day. We would really appreciate your help and if you can possibly assist us, please fill in and return the form below. For more information please phone the Canteen Manager, Cheryle on 98811197 or 0429 129 422.

I can help at the NSHS P&C Canteen

Once a fortnight Once a month Once a term

Please tick the appropriate box. If you prefer a particular day, please state which day of the week.

NAME

ADDRESS

PHONE EMAIL

GLUTEN FREE AND VEGETARIAN OPTIONS

ARE AVAILABLE , PLEASE ASK