



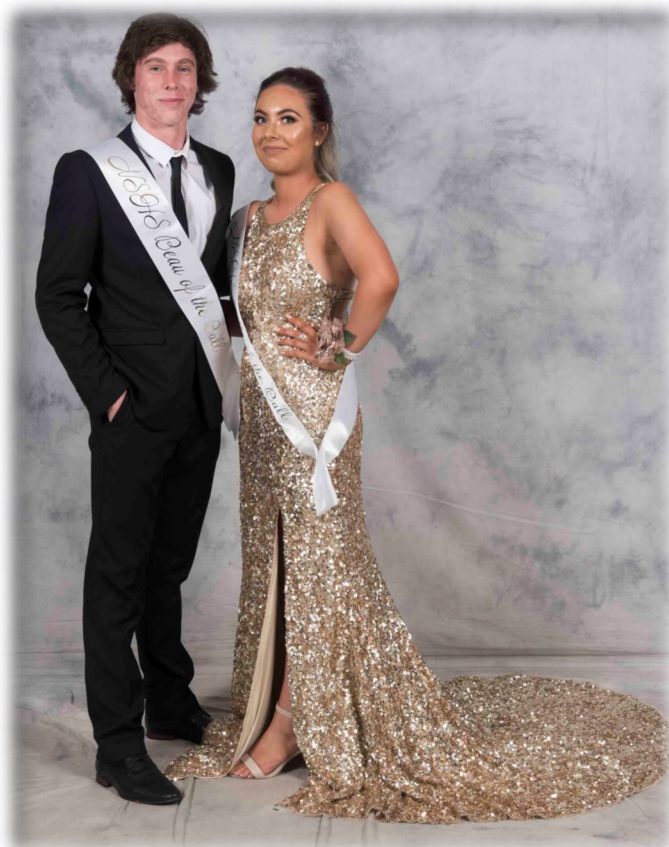
HIGH SCHOOL HIGHLIGHTS

Narrogin Senior High School

Issue 2 2018

Diamonds Are Forever Beau and Belle of the Ball

Brennan Pratt & Hannah Tonkin



On Friday 16 March, Senior Students celebrated at the Diamonds Are Forever Ball.

It was an evening of glamour and fun, with amazing decorations thanks to the Ball Committee and Prefects.

Congratulations to:

Best Couple - Samuel Licence and
Chloé Hanson
Best Arrival - Tyrone Bowen-Zoccoli
Best Dancer - Cailey Harnett
Belle and Beau - Hannah and Brennan

A huge thank you must go to parent helpers, Year 10 waiters and all the staff who contributed to the evening's success.

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Principal Ms Melissa Walker

We have come to the end of the first term of 2018 and it seems to have come very quickly, even though it was 11 weeks. It has been a busy and productive term. There have been a multitude of excursions, incursions and events both in and beyond the classroom. Within the classroom, our students have been engaging in a wide variety of learning activities and processes. At the end of Term 2 all students will receive their Semester 1 school report. The school holidays provide a great opportunity for students to reflect on their achievements so far in the school year and set themselves goals for improvement. Our Senior School students cannot afford to waste this time and need to use it to prepare for examinations, Externally Set Tasks and assessments so that you are setting yourselves up for success in achieving graduation.

It is with great pride that I recognise and congratulate some of the great achievements of our students:

- The Australian Computational and Linguistic Olympiad (OzClo):
 - * Gold – Senior Team: Elizabeth Jacob, Lochlan Horobin-Lavan, Janka Reynders, Anri van Niekerk
 - * Bronze – Senior Team: Rohan Whitely, Ryan Blechynden, Angus Forrester, Ivan Vukomanovic
 - * Bronze – Senior Team: Chance McDougall, Lleyton Whitely-Yzerman, Scarlett Gee, Jasmine Cant
 - * Bronze – Junior Team: Michael Gentle, Isabelle Kilpatrick, Charlotte Tinley, Michaela Pratt
- 2018 Purposeful Academic Classes for Excelling Students Program:
 - * Janka Reynders – Modern History and Geography
- WA Kick Start AFL - Jerrimiah Thorne, Cade Bolton and Clynton Culbong have been selected in the squad. They are flying to Sydney for a national competition. Preston Culbong has been given the honour of coaching the team.
- Ben Woodruff Beep test 14.2 As part of UGSHA Talent Pathway Squad
- Mikayla WA Ranking U17 4th – Nationally 18th - Squash
- Caitlyn Pratt WA Ranking U15 3rd - 11th Nationally - Squash
- Trent Gumprich WA U15 Hockey team.

A highlight of this term was our 2018 School Ball – *Diamonds are Forever*. It was one of the best school balls I have attended. The students presented themselves exquisitely and conducted themselves in a manner conducive to the special occasion. The team of people that ensured the success of the night must be congratulated for the efforts they made under the leadership of Mrs Castle and Mrs Johnson.

I wish you all a very safe and happy break from school and look forward to seeing you all on Monday 30 April for the start of the Term 2.

Senior School Deputy Mr Andrew Symington



It's the end of Term 1, and for our senior students in Year 11 and 12, they are about 75% the way through Semester 1. With holidays here, it is the perfect time to step up the study schedule, focus on completing tasks and assessments to a higher degree, and for ATAR students, preparing for the exams in Week 4 of next term. There is also a reminder at this time that all Year 12 students engaged in either General or Foundation courses will be sitting the respective EST (Externally Set Task) during Week 4. These assessments are a moderated task which all students in Year 12 sit across the state. They are worth 15% of the total mark for that course, so it is extremely important to do well in it. Significant gains can be made to a student's overall grade.

As advice for all students, it may be time now, during the holidays (which is a perfect time to concentrate more fully on your study regime) to reflect on what you wish to achieve this year. A great way to do this is through taking a few minutes to do a SWOT analysis. You can either write your answers down or discuss with someone.

STRENGTHS:

What has gone well for you since the beginning of the year?

What study and time management techniques are working for you?

What skills do you have that help you to do your best at school?

WEAKNESSES:

What is your greatest challenge in achieving your personal best at school?

What do you struggle with most as a student?

What do you need the most help with?

OPPORTUNITIES:

What one thing could you do differently from the holidays that would most help you to improve your results?

What skills do you most need to focus on improving for the remainder of this semester?

Who in your life would be able to help you to be a better student?

THREATS:

What are the biggest obstacles to you making changes in your approach?

Are there other students you sit with who make learning difficult?

What is stopping you from achieving the best results you can at school?

After you have worked through this SWOT analysis, choose the top 5 changes you want to make and write these down. Put them somewhere where you will see them every day and be reminded of them. It will help you to focus on what is important and crucial in achieving better results. Remember your SMART goals and jot them down at the start of the remaining weeks until exams.

Middle School Deputy

Ms Sandii Stankovic



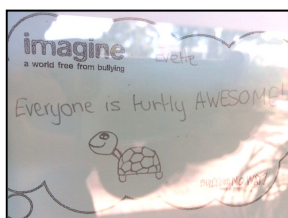
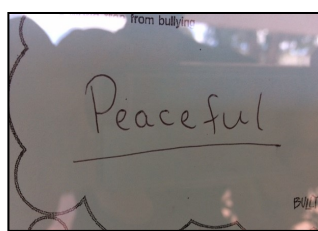
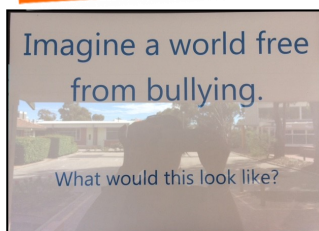
It certainly has been an eventful term to kick off the 2018 school year.

Our Think Big Committee is working hard at promoting positive behaviour in school. In recent weeks we have had an average of over 1000 Think Big Cards, which means students are demonstrating positive behaviour in leaps and bounds and staff are acknowledging this with the students. A morning tea will be provided this week to those students that have gained red wrist band status. Each term we also have a theme to address Term 1 was about **Relationships**, whereby Term 2 is **Resilience**. We aim to address the theme in many aspects of the school including designated lessons.

Throughout Term 1 students have undertaken a many activities and workshops, including:

- Elevate organised by Student Services,
- Hawaiian Ride for Youth also spoke with students in regards to mental health,
- Bullying No Way day provided the opportunity for students to examine what a world looks like without bullying,
- Harmony Day saw the school community wearing orange and raising donations for the school,
- Shooting Stars being introduced to the school with West Coast Fever players visiting the school,
- Students played sport throughout the region against other schools,
- Sporting carnivals – and
- More, in addition to their learning the curriculum.

Bullying. No Way!



Some resources have been sought by students and parents in regards to helping with anxiety and challenging moments. The staff at the school do a lot of reading and research and we do recommend resources to one another and one such resource is *Chicken Soup for the Teen Soul* by J Canfield, M Hansen and K Kirberger which provides strategies on how to meet challenges for life as a teen. Reviews from students have been positive. I am sure it would be great holiday reading for parents and students alike.

NAPLAN will be upon us next term. Information for parents will be posted on Connect with hard copies provided to students in English Classes. In short NAPLAN testing will **not be online** this year. Testing will take place 15 – 17 May 2018 in classrooms.

School Reports will be provided electronically through Connect. This allows you to have a permanent copy at your fingertips as you can save the document digitally.

Parents have queried about cyber safety, mainly how to keep their child safe and understanding the various applications and the uses of such applications. I have pasted some ideas on Facebook that may assist – in case you missed it here it is:



Information on cyber safety can be located on <https://www.esafety.gov.au/> with some great resources for parents including an interactive screen smart parent tour.

Elevate Education

On 23 March all students at school were involved in Study Skills presentations. There is a magnitude of ways to study and this presentation aided to provide students with skills they can employ both in the classroom and at home. Each year group were presented age appropriate material;

Year 7 – Study Skills Kick Start

Year 8 – Junior Time Management

Year 9 – Memory Mnemonics

Year 10 – Study Sensei

Year 11 – Study Elevation

Year 12 – Ace your Exams

Students were provided a work booklet to go through on the day and have since been given web access to the student's web at www.elevateeducation.com.

The password to access the student portal in "rondo" and grants them access to all premium resources.

Students can also tailor their experience and save their preferences by creating a profile on the website. They can achieve this by signing in with Facebook or by providing their own email and password.

We would strongly encourage students to access this website and explore other study options.

Elevate Education will be returning to the school in Term 3 for all Year 10, 11 and 12 students.

Hawaiian Ride for Youth

The Hawaiian Ride for Youth is held annually over 4.5 days, with riders travelling from Albany or Geraldton to Perth over a total of more than 3000kms to raise funds and awareness for Youth Focus. While cycling through towns in WA's Wheatbelt, NSHS was again lucky to have the riders visit to engage and inform students on issues of youth suicide, depression, anxiety and self-harm, as well as the services that Youth Focus provides.

On 22 March, cyclists visited NSHS where one individual shared his story of how his life has been impacted by mental health. It was an interactive discussion with students, riders and the support team.

The ride has raised **\$2,294,652** this year.

Mrs Evelyn Wilkie

hawaiian



RIDE FORTHE YOUTH

youthfocus



Year 10 Childcare Excursion

After meeting the East Narrogin Primary School Kindy class early in Term 1, the Year 10 Childcare class spent the term investigating about the development of 3 – 4 year olds and creating books specifically for them.

We followed up with a second visit on Tuesday 10 April to read their books to the Kindy children. There were plenty of happily chatting groups of students engaging in the well-produced books created by the Year 10s. Some of the highlights were; watching the Kindy children read along, or ahead, as they were reminded of concepts, such as numbers and colours, that they were being taught when we last visited, and the joy they experienced as they could play with, answer questions, and look for items in the books.

Once again, we were reluctant to leave the joy of these gorgeous little people and we would like to thank East Narrogin Primary School and the Kindy class for allowing us to visit and share our work.

Mrs Leah Russell



Shooting Stars Program

Narrogin Senior High will launch the Shooting Stars Program on Friday 4 May at 2.00pm down at the Utopia Building.

All welcome to attend



Photos School Ball 2018



Grooming and Deportment

A group of 14 students from years 10-12, participated in a 5 week Grooming and Deportment Program with the emphasis on self-confidence, relationships and poise.



The five weeks covered hygiene presented by Evette Ettridge, hands on make-up application presented by Grace Adams from Amcal Chemist, Hair Care by Shaynne at Cactus Hair and a very informative presentation on Positive Attitudes presented by Jo Drayton. At the conclusion of the course we had Krissie Westwood Modelling and Casting Agency come to work with the students.

Thank you to Narrogin Amcal Chemist, Yvette Ettridge, Cactus Hair, Narrogin Beauty Clinic and Nikki's Hair Salon for donating your precious time in preparing the students for their photo

shoot – we could not run this program without the support of such wonderful Local Sponsors. A special thanks also to Prema Sexton for taking beautiful photos of the students with their parents and carers.

Mrs Karen Walker



Year 12 Human Biology

Students designed and conducted investigations on the impact of environmental temperature on the body's ability to maintain homeostasis. Homeostasis maintains the bodies internal environment within certain tolerance limits to enable optimal cell function. The students devised many ways to subject their bodies to

range of temperatures including ice baths, cool rooms and heated rooms with many layers of clothes. Students were surprised at how stable their core body temperature remained throughout the investigation.

Ms Maxine Clark



Canberra Tour 2018

Planning is well underway for the Canberra Sydney Tour 2017. Forty Year 9 students and four staff are all looking forward to the visiting Australia's Capital City to provide students with on-site learning about our national democratic, historical and cultural institutions. We will be visiting Parliament House, Old Parliament House, and The Australian War Memorial, among other places.



Sydney provides a cultural contrast to our beautiful town, and there are many landmarks we will be visiting to learn more about how and why they came to be.

This Study Tour has been made more affordable for the students and their families through the continued support and funding received from The Parliament and Civics Education Rebate (PACER). Without this funding, the cost of the trip would increase by \$260 per student.

Mr Adam Harris

Saying Farewell

I would like to take this opportunity to thank the students, staff and the wider community for welcoming me to Narrogin SHS five years ago. It has been my great pleasure to help build a showcase Hospitality/Kitchen Operations program that has enabled students to achieve great successes over the years.

My time has come to move back to Perth and help Balga SHS grow their Hospitality program. I am excited about my new venture and sincerely wish everyone in Narrogin the very best with whatever path they choose to follow.

Ms Justine Campbell



Technologies

There have been some exciting processes and projects undertaken by our Technology students. With STEM (Science Technology Engineering and Mathematics) being a focus of current education, Narrogin Senior High School Technology Department is steaming ahead with stimulating challenges for our students.

Examples of students work at this early stage of the year, display a wide range of the skills and knowledge. Not all are high tech, as there still is a considerable amount of learning of common core skills required for students to advance in this technological age.



I would like to thank our Teacher/Chef from the HillTop Café, Ms Justine Campbell who is leaving us at the end of this term. She has been a fantastic teacher in our Technology Department, showcasing a great Hospitality course to our community and training many students to a high standard placing them in a great position for procuring a career in the hospitality industry. Ms Campbell is moving to Balga SHS and we wish her well for her new teaching position.

Rick Bee
Head of Technologies Learning Area.



Ms Pattullo's food class made pizza using healthy ingredients.

Narrogin vs Katanning Spirit of the Game

Once again Katanning have travelled to Narrogin to play a quarterly AFL match against our school. The game was



played in great spirit and all boys enjoyed the experience. Well done to Clynton Culbong for winning the Clontarf spirit award for his leadership on and off the field. All students loved the sausage sizzle and we would like to thank Mrs Campbell and her helpers for cooking. Congratulations are also due to the Year 11, 12 leadership group for running their first event so smoothly, well done!

Mr Jordan Heil

Congratulations to Lleyton Whitely -Yzerman for obtaining a silver medal in the Duke of Edinburgh's Award.



School Uniforms

Wearing the correct uniform attributes to good standing with the school. Failure to uphold good standing can result in actions such as exclusion from school events like excursions, Countryweek and school rewards.

A reminder last year's country week jumpers are not part of the Narrogin Senior High School uniform and should not be worn at school. It was a condition of purchase that these jumpers were for Country Week and personal use **ONLY**. A further reminder coming into the colder months, hooded jumpers, leggings and jeans are not acceptable.

All uniforms can be purchased from Sportspower. If a student is having difficulty obtaining a school uniform, please see Mrs Ward or Mrs Walker in Student Services.

If undeliverable return to
Narrogin Senior High School
Private Bag 2 Narrogin WA 6312
PRINT POST APPROVED
63965610013

SURFACE MAIL

**POSTAGE
PAID
NARROGIN**

Behaviour on the Bus

Just a reminder to all our students to use the bus appropriately. It is a resource provided to help easy access to their education. We implore our students to demonstrate our three core values, **Tolerance** - for the other students on the bus; **Respect** - not only for other younger students travelling the route and the bus driver, but more importantly for the bus and the service it provides, and be

Responsible. If you see someone who is not acting appropriately, either with their attitude or behaviour, or is defacing the bus through vandalism, tell the bus driver so that steps can be taken to ensure that this service is kept for all concerned.

Free Mathematics Tutoring

Currently, free mathematics tutoring is available in the following time:

Monday 3:30pm to 4:30pm Room 10 Yr 7 to 12
Tuesday Lunch time Room 10 Yr 7 to 10
Thursday 3:30pm to 4:30pm Room 10
Mathematics Specialists

All students will be supervised by Narrogin mathematics teachers. All Narrogin Senior High School students are welcome. Help will be given for classwork, homework, investigations and test preparation for all mathematics courses. (*Internet access available*)

David Fung
HoLA Mathematics

Families Matter

Go Health!

We all lead busy lives and have many commitments, but some of us may not be coping as well as others. These could be adults, teenagers, older people and even children. You may have noticed someone you know hasn't been themselves lately or they might have a lot on their plate. Chances are that they need someone to talk to who can provide a bit of support.

There are some things to consider before starting a conversation:

- Make sure you are ready to listen and give as much time as needed
- Be prepared for the person to be embarrassed or maybe even a little angry about some of the issues they are dealing with
- Pick a good time to speak with them in a private place
- Help them open up by asking questions such as "How are you travelling?" or "What's been happening?"

Mention things that have made you concerned like "You seem less chatty than usual, how are you going?"

The Wheatbelt Mental Health Service can also provide support and are contactable on 9621 0999.

Kidsmatter has many online resources to help families build resilience to face tough times
<https://www.kidsmatter.edu.au/families>

If someone is in a crisis there are numbers they can call for confidential advice and support including:

Lifeline: 13 11 14 an organisation that keeps people safe from suicide, supports people in crisis and keeps people emotionally well.

RuralLink: 1800 552 002 a specialist after-hours mental health telephone service for the rural communities of WA.