



HIGH SCHOOL HIGHLIGHTS

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Narrogin Senior High School

Issue 8 2016

Guest Speaker Brad Ness at Sports Academy Presentation



Narrogin Senior High School Academy students with parents and invited guests, listened to an inspiring story from the key note speaker, three time Para Olympic Medal winner Brad Ness. 42 yr old Brad was born in Wagin and lost his leg in a boating accident at the age of 18.

He spoke of his journey to be the elite sportsman he is. His latest achievement and by his own admission, proudest moment, being the flag bearer at the 2016 Rio Paralympics and representing Australia as captain of the Australian Wheelchair Basketball Team.

Congratulations to all the students who achieved A's for their sport, and the Commodore Award winner Ashtyn Steer and Waldron Medal winner Liam Sweeney.



Hostel Manager Renee Browne with
Ashtyn Steer



Brad Ness presenting Liam Sweeney
with his award.



Principal

Mr Steve Quartermaine

As we come to the end of 2016 it is important to reflect on the year. On Monday 28 November our staff reviewed our operational plans and looked at the targets that were set and our progress towards achieving them. The Parent, Staff and student surveys provided some excellent feedback which has been incorporated into our plans for 2017.

The most obvious relationship is attendance v achievement. Students with high attendance have performed well. Students with poor attendance, below 90% have not achieved their potential.

There has been some publicity recently about the state of Health in Narrogin.

Everyone knows and accepts that Sport and other physical activity improves fitness, self-esteem, body mass index, but what about academic achievement?

Dr Karen Martin, PhD, School of Population Health, The University of Western Australia, states that University-based, internationally published research in this field has found a positive association between children's physical activity participation and academic achievement.

Physical Activity improves cognitive functioning and behaviour, brain nerve growth, brain blood vessel growth and blood flow, reaction time, planning, concentration, attention/on-task behaviour, classroom behaviour, improved test scores, including Maths and comprehension and academic success.

The evidence suggests that children who are involved in more organised community sports or recreation are likely to perform better academically and benefits from implementing strategies to increase children's involvement in community sports may extend to school success.

The benefits of greater physical activity participation include assisting with maximising children's learning as well as increasing physical, social and mental health which is likely to extend into adolescence and adult life.

The Narrogin Senior High School Sports Academy promotes life-long participation in Sport.

Thank you to Andrew Corner, Sarah Corner, Andrew Pratt, Evelyn Wilkie, Cara Borthwick, Sarah Hennessey and Kayla Stokes and to the parent committee – You are all making a significant contribution to the positive culture of our school and to the lives of these young people sitting here today. Congratulations to the award winners.

The Burdiya Mob Music Video Premiere was held in Mackie Park

on Friday 25 November. The project involved students, elders, a singer songwriter, hip hop artist, photographer, filmmaker and dancers. The support from families at the premiere was fantastic and the student performance and final product is amazing and a credit to everyone involved.

Thank you to the staff who are leaving us at the end of this year. I thank you for your contribution to our school and wish you all the best in the future.

I am looking forward to 2017. The USA tour is one of the highlights as a new Partnership with Murdoch University to support STEM in our school. Year 12 students enrolled in Maths Specialist and Methods will participate in online and blended learning tutorial sessions after school, have access to Murdoch tutors to address specialised questions and attend intensive on campus ATAR preparation sessions in the July holidays. The program will also provide our students with free mentoring from university students about transition to study at University.

I thank you all for your continued support for our school and I wish you all the best for the festive season.

Have a safe and happy holiday.





Senior School Deputy

Ms Sandii Stankovic

Well another year has gone by and we see the holidays approaching fast.

As I write this I am planning the Transition Day (Friday 9 December) for the incoming students from other schools from years 8 – 12 that are joining us in 2017. It just illustrates how close this year end is.

Reports are being posted with many other items such as 2017 calendar, absentee notification, and OLNA results (Year 10). Can I urge you to please take notice of all of these items as this will assist in the smooth transition into next year.

I strongly recommend that reports are examined, goals are set to maintain or improve grades, and then actions to achieve these – such as checking work before submitting this, asking questions when the work is challenging, attending tutoring, particularly when the work is hard etc. Improvements need planning – such like everything else really.

Current Year 11 students have been sent information about holiday revision programs – feedback from former students have indicated that these courses are extremely useful and have helped students increase their results.

Next year Andrew Symington and I will be swapping roles. I am looking forward to working in the Middle School again and am keen to follow through the students to see their progress throughout the years.

I hope everyone has a wonderful and safe festive season.

Look forward to seeing you all in 2017.

Regards

Sandii Stankovic



Middle School Deputy

Ms Maxine Clark

The year has flown by and in the next few days you will be receiving your child's report. This gives you a unique opportunity to sit down with your child and reflect on their achievements for 2016.

Reading reports can bring mixed feeling for parents and students. It is important to set aside time for this important task. Remember to focus on the positive aspects of the report and celebrate your child's achievements. Look carefully at the attribute section of each report as these give essential feedback on work habits and attitude to school work. Improvement in these areas is the key to ensure your child's success in the future.

Talk to your child about their results, highlighting their successes. Find out how they feel about their report. Help them set goals for next year. Once you have finished reviewing the report it may be a good idea to organise a special treat to recognise your child's effort during the year. Lastly remind them to enjoy their holidays, have a well-earned rest and to return to school next year enthusiastic and ready to work. I wish you all a Merry Christmas and a Happy New Year.

Important Dates 2017

27/01/17	School Administration Open
30/01/17	Uniform Shop Open
31/01/17	Uniform Shop Open
01/02/17	Students First Day
24/02/17	Spring Carnival
09/03/17	Parent Teacher Interviews
17/03/17	School Ball



Prefect Camp

On the 19 November the 10 prefects for 2017 went on a camp lasting for 3 days, staying at the Swan Valley Adventure Centre.

We arrived at Swan Valley Adventure Centre at 9:30 and unpacked. We were then met by Richard who was our Adventure Leader for the next couple of days. As a team we had to complete a set of challenges by 5:00pm, with the completion of each activity came a clue which helped us to work towards solving the mystery. The challenges we faced were physical, some requiring a lot of thought and communication, while others were easier and we just needed some guidance by a leader.



Amongst our challenges we did some archery to find more clues. Once all the tasks were completed and we had found all the clues, we went to the Swan River. Here we were required to

build a raft from barrels, logs and rope to find our final clue. Richard taught us different knots which would help us in building the raft efficiently. We were successful in creating the raft, well, so we



thought. Once everyone had gotten on it fell apart and everyone fell into the river. Thankfully we still managed to retrieve the clue. We spent Saturday night zip lining, having a tour of the camp including the cellar and telling scary stories. By the end of the first day we had all gelled together really well.

Sunday morning was full of personally challenging activities, but we worked as a team and encouraged each other. We were first taken to a high ropes course which was like an obstacle course approximately 15m above the ground. Then we moved



on to the leap of faith, where we climbed up a pole 10 metres high, we stood on a platform the size of an A4 piece of paper and leaped, aiming to touch a ball. We then

went canoeing up the swan river. Before our relaxing

afternoon we did a commando course, racing each other through the muddy track. Our afternoon consisted of a lot of chocolate, we first went to Whistler's chocolate factory for afternoon tea, Alfred's kitchen for dinner, and San Churros for desert. We spent the afternoon in each other's company, playing different games and bonding. When we returned back to the camp we commenced planning for the ball next year. We spent our last night together, telling more scary stories.

On Monday morning Mrs Johnson showed



us a beneficial PowerPoint on managing stress and techniques we can use. We then departed for Kings Park where we spent the rest of the morning enjoying the view of the city and river from the tree top walk, which was followed by some funny, informal speeches. We left Kings Park and headed home. The bus trips were filled with singing and any opportunity we had, we were dancing. By the end of the camp we prefects had become a little family, creating many long lasting memories. We gave each other the support during tough and challenging times, and with each challenge we faced we improved our team work, communication, leadership and listening skills. As a group we hope to carry this bond we have formed and the skills we have further developed into next year.

By Jasmine McDonald



Indonesian Visitors

During November, Pak (Mr.) Shofwan Kirim and his wife, Ibu (Mrs.) Imnati Ilyas made a whirlwind visit Narrogin. Their first time in Australia and the feedback they gave about our community was very complimentary. Pak Shofwan is a lecturer in Islamic Studies and a freelance writer. He has also been involved in the World Youth Organisation. Ibu Imnati is a retired high school teacher, both live in Sumatra, Indonesia. They enjoyed meeting our students and staff and were amazed at the range of opportunities that our school presents. With close connections to our sister school in Indonesia, MAN 4 Jakarta, their visit is helping to increase the ties and connections between our two school and our two cultures.

Mr Barrie Stewart



Ms Justine Campbell,
Dr Shofwan Karim,
Mr Steve Quartermaine,
Mrs Di Quartermaine and Mrs Imnati Ilyas



Mrs Imnati Ilyas, Mr Steve Quartermaine, Dr Shofwan Karim and Indonesian teacher Mr Barrie Stewart.

Primo Lux 2016

For the third successive year, the English Learning Area is very proud of our Year 10 pre-ATAR students who are now published poets. Primo Lux is a poetry anthology published through Applecross SHS which showcases the best poetry from across WA, written by students in Years 10 to 12.

This year, the successful poets from Narrogin SHS are Rykiel Gibb and Cailey Harnett. Both girls attended the Primo Lux poetry recital in Fremantle on Monday where they read their poems, *Lucid Visions* and *Sunrise*, aloud to an audience of their published peers, assembled parents and teachers. We have copies of this year's poetry, together with the 2014 and 2015 entries in our library. Be sure to take a look at what our talented students can produce.

Ms Joan Armstrong



Spring Carnival



Results	
1st 539pts	Leo
2nd 523pts	Pisces
3rd 519pts	Taurus
4th 474pts	Scorpio
Highest point scorers on the day	
43 pts	Tahlia Hoha
26pts	Elizabeth Dyke
23pts	Justin Indich & Madison Shotter
22 pts	Savannah Randall

2016 Year 10 Science Museum

Mr Dareff's year 10 science class created and showed an excellent exhibit illustrating evolution and associated mechanisms. Well done to the class for showing the junior students their outstanding exhibits. Thank you to Mr Dareff for the highly engaging activity.

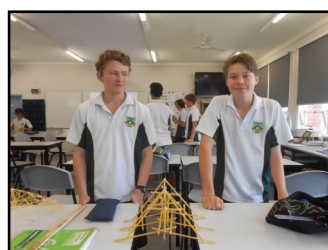
Mr Johnson



Spaghetti Bridges 2017 Discovery Science

As one of the final activities for the year, the Discovery Science students completed the challenge where they had to design and test a bridge made of spaghetti. Marks were awarded for the bridge that had the smallest mass, yet held the greatest mass. Many students showed excellent engineering skills.

Mr Johnson
HOLA Science



Goodbye from Mr Harding

Unfortunately my time at Narrogin Senior High School is coming to a close. With heavy hearts we are moving to Geraldton to start a new chapter of our lives.

The last two (and a bit) years here have been an amazing experience for me and I have loved every minute of working with the students. I have met so many lovely people in my classes and during break times with such a range of personalities. One thing has really stood out over this time, there is a unique charisma that comes from young people in the country. You may not all appreciate this yet but you will find that it will serve you well in the future with work and relationships so keep on being yourselves and embrace the country life.

Thank you all so much for being part of our lives here. We will miss you all terribly and look forward to hearing successes in the future.



Year 10 Bowling

Phil Cooper, President of the NGN Bowling Club with Year 10 students.

Lessons have taken place with a number of year 10 classes this term.

A big thankyou to Mr Cooper and the rest of the bowling club for their support of the PE department.



VISUAL ART



TERM 4 - EXHIBITION

Term 4 saw the opening of the annual NSHS Visual Art and Media Exhibition. This year every year group was represented, filling the Nexis Exhibition space with over 400 pieces of work. The artwork ranged from photography, digital media work, sculpture, painting, drawing, collage and video productions. The Year 11 and 12 General Art students filled the hallway and corridors with original, diverse and eye-catching work that started the exhibition off with a BANG! Their work led you into the gallery space where each student had produced two pieces of Mixed Media artwork from the themes of 'Experiences', 'Inspirations', 'Explorations' and 'Investigations'. The lower school artwork in the reception hall blew people away. Visitors to the exhibition were astounded to see such a high volume and quality of work produced by our students. The display featured artwork from Year 7-10 students and it was clear to see that we have some very talented students. Their artwork transformed the white walls of the gallery into a kaleidoscope of colour and diversity. Those who viewed the exhibition had the opportunity to vote for their favourite artist from each year group and we received over 650 votes from the community! Congratulations to; Annie Robins, Felicity Heazlewood, Fern Catley, Scarlett Gee, Maddi Andrews, Tia Lindridge, Tuleah Bolton and Rhys Davidson. These students received the highest amounts of votes for our 'People's Choice' award in their category and will be presented with a certificate and prize at the next assembly. A big thank you goes out to the Shire of Narrogin, Arts Narrogin, all of the volunteers and most importantly the students of NSHS. We are very proud of you and look forward to doing it all again next year!



Ex Student Excels at the Australian National University of Canberra

Shannon Hall Head Girl NSHS and Graduate 2014

Recently Shannon Hall dropped in to say hello. Shannon graduated in 2014 and relocated to Canberra to study a Double Degree in International Relations and Development Studies.

Shannon is going into her 3rd year at the Australian National University of Canberra and will be working with Fiona Nash, Deputy Leader of the National Party in 2017.

In her University summer Break, Shannon is undertaking a research project in Vietnam carrying out a comparative study of mobility development in Rural and Urban Vietnam.

Shannon said that participating in the Model ASEAN Summit in Singapore (Dunman High School) with a team from Narrogin SHS in 2013, led by Ms Rintoul influenced her to know that this course and studying in Canberra was for her. Shannon's long term plan is to work for the Department of Foreign Affairs and Trade, perhaps as an Embassy Ambassador.

Well done Shannon and thanks for dropping in to say hello.



Go Health!

Alcohol and young people

The peak medical organisation in Australia – the National Health and Medical Research Council - recommends for children and young people less than 18 years of age, that not drinking alcohol is the safest option.

Alcohol can damage the developing brain of young people. Drinking alcohol is linked with poor decision-making, loss of control and risky behaviour (e.g. unsafe or unwanted sex, injury, violence, car crashes) with undesirable outcomes that can last a lifetime.

Children under 15 years of age are at greatest risk of harm from drinking.

For young people aged 15-17 years, the safest option is to delay the start of drinking for as long as possible. Risky behaviour is more likely among drinkers aged 15–17 years than older drinkers.

WA now has Secondary Supply Laws, which ban adults from supplying alcohol to children in a private setting without their parent's consent. Penalties of up to \$ 10,000 apply. For more information: <http://www.rgl.wa.gov.au/liquor/liquor-legislation-amendment-act/faq-s>

What can parents do?

Supervision is one of the most important things parents can do. Know where your young person is going and what she/he is doing. Parents are legally responsible for their teenage children.

Talk to your young person about alcohol, drinking and your expectations of his/her behaviour.

If your young person is having a gathering at your place – be there and supervise.

If your young person is going to a gathering, check that other responsible adults are supervising.

Drink safely and moderately – your actions speak loudly to your children.

Don't buy alcohol for your son or daughter, or their friends.

Talk to other parents about these issues and form a united front.

If your child is already 18, talk to them about how the new Secondary Supply Laws may affect them.

For further information: <http://alcoholthinkagain.com.au/>

MASTER MIND AUSTRALIA
JANUARY PREPARATION PROGRAM

OLNA - Study Skills – Essay Writing – Subject Revision & Preparation

For all students entering Year 7 – 12 in 2017

The January Preparation Program aims to prepare students for Term 1 (2017) before the academic year begins. The classes will revise those important components from the 2016 syllabus that are vital for success in the new-year.

The program will also preview what students can expect in their courses in 2017.

Courses will be conducted at:

Christ Church Grammar School, Hale School and Leeming Senior High School

Wednesday 18th to Wednesday 25th of January, 2017

Students receive a \$ 20 discount per subject.

Dr. Robert Hallam at Master Mind Australia on 9486 1377

www.mastermindaustralia.com.au

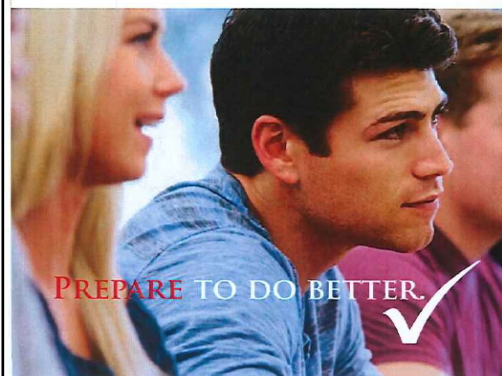
MASTER CLASSES 2017

Master Classes are weekly seminars for Secondary and Middle School students, offering on-going academic support throughout the school year. These small-group classes will enhance students' skills and knowledge and better prepare them for success in school-based assessments and examinations.

Classes focus on the ATAR Learning Areas of Science, Mathematics, English and Literature as well as Middle School classes for pupils needing assistance in English and Mathematics.

MOCK & ATAR EXAM PREPARATION PROGRAM

As Year 12 students move into Term 3 & 4, ATARget will be delivering a comprehensive exam preparation program. It will focus on specific exam questions and explain in detail how the syllabus content can be employed to construct successful examination responses. The classes will be 1.5 hours in length, making it a more successful vehicle in preparing students for their final Mock and ATAR exams.



PREPARE TO DO BETTER.

COURSE DATES 2017

January Preparation Program

18/01/2017 to 25/01/2017

April Revision Program

10/04/2017 to 14/04/2017

July Revision Program

3/07/2017 to 7/07/2017

October Revision Program

25/09/2017 to 29/09/2017

ENROL NOW

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Or simply by completing this enrolment form and posting it to:

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**2017
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PROGRAM**

Preparation and Revision Courses
for all students from years 7 to 12 in 2017

Further information is on Connect and our Web site. www.nshs.wa.edu.au

Payment Of School Charges And Contributions 2017

By now you should have received Voluntary Contributions and Charges along with Booklists in the mail.

Narrogin Senior High School Administration will be open:-

Friday 27 January 2017 9am – 3pm

Monday 30 January 2017 9am – 3pm

Tuesday 31 January 2017 9am to 3pm For payment of school fees and any queries you may have.

Staff will also be available to answer any question in regards to your child's enrolment and attendance for the 2017 school year.

School Resumes for Students Wednesday 1 February 2017.

UNIFORM SHOP

Back to School hours

Monday 30th January – 9am – 3pm

Tuesday 31st January – 9am – 3pm

New hats now available

Bucket or Peak - \$ 12.00 ea.



Regular Hours

Tuesday & Thursdays 8.15am – 11.15pm

STeAM Student Fun Holiday Program during 9-17 January 2017

Are you currently in year 7, 8, 9, 10, 11 or 12 and love building and solving authentic problems with digital technology?

Would you like to start and finish a digital STeAM project during the school holidays and keep it to showcase for a STeAM competition in 2017?

Over a two week period during the school holidays, you have an opportunity to explore and learn any of the following exciting STeAM topics.

- Coding Games with Java (1 day)
- Building and Racing Drones (1 day)
- Digital Photography (2 days)
- Build your own website (5 days)
- Coding with Python 1 (5 days)
- Coding with Python 11 (5 days)
- Digital Music (5 days)
- Exploring with Arduino (5 days)

Python Coding with Electronics in Minecraft (5 days)

These engaging STeAM courses are run by experienced Fire Tech Camp Australia Instructors in collaboration with Edith Cowan University, Australian Computer Society, Coder Dojo and Coding Kingdom.

Our STeAM holiday event also offers additional age appropriate courses for the younger primary sibling.

For any questions, please email info@firetechcamp.com.au or telephone 1300 347 383

Please book online at <http://www.firetechcamp.com.au/school-holiday-courses> and enter coupon code JAN1522 to receive a 15% discount.

Great holiday
workshops in STEM
(Science Technology
Engineering and Maths)
suitable for all ages.

Check out the web page
below for more
information.

<http://www.edgyx.com.au/stem>

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Act-Belong-Commit

FAIRBRIDGE FESTIVAL QUEST

**Songwriting
competition** for young West Australians

CREATIVE CATEGORIES

- ★ Song: Craft
- ★ Song: Performance

AGE CATEGORIES

- ★ 12-15 years
- ★ 16-18 years

**ACT-BELONG-COMMIT
SONGWRITING
WORKSHOPS**

Places are strictly limited.
For details and registration
visit: fairbridgefestival.com.au

PRIZES

The winner in each of the four categories will receive:

- ★ Fairbridge Festival Backlot stage live performance (22 April 2017)
- ★ HK Photography professional photoshoot
- ★ ProCopy CD copying voucher
- ★ WAM Song of the Year entry & WAMCon 2017 ticket
- ★ Post-final mentoring session from WAM
- ★ John Butler Studio (Fairbridge Village) recording session
- ★ Opportunity for Perfect Pitch publishing deal

The final will be held at Clancy's Fish Pub Fremantle on 25 March 2017 where shortlisted entries will be judged by a panel of music industry experts.

**FAIRBRIDGE
FESTIVAL** 25-24 APRIL 2017

FairbridgeQuest | You gotta be in it to win it!
Enter online by 5pm, 3 March 2017 at:
fairbridgefestival.com.au

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