

High School Highlights

Phone: 98819300 Fax: 98812170

Narrogin Senior High School

Issue 1 2016

NSHS HEAD GIRL AND BOY 2016



Tahlia Milentis

Connor Earnshaw

arrogin Senior High School would like to introduce its Head Boy and Girl for 2016: **Tahlia Milentis**, from Narrogin and **Connor Earnshaw** from Williams. These students were chosen from the Prefect group to lead the school for 2016.

Tahlia has grown up in Narrogin and has been a student at Narrogin SHS for the past four years. Outside of the school, Tahlia is very involved in Calisthenics and is a qualified Calisthenics coach. Tahlia is undertaking an ATAR course at this school with the view to studying at University.

Connor is from a farming background, his family farm is situated West of Williams. He has attended Narrogin SHS for the past four years, travelling a 100km round bus trip each day to study at this school. Connor is a member of the Narrogin SHS Senior Band and is a talented Saxophone player. He is currently studying an ATAR course and is looking to gain a place at University to study Engineering Medicine - Robotic Prosthetics.

Congratulations Tahlia and Connor on your appointment as Head Students of Narrogin SHS for 2016.

Mrs Susan Castle



Mr Steve Quartermaine



 \overline{W} elcome back to the 2016 school year. Our Year 7 students have slotted in to life at Narrogin SHS and I am impressed by their skills and responsibility.

I welcome the parents of Year 7 and other new students to the Narrogin SHS community and thank those who took the opportunity to attend the P&C meet and greet on Wednesday10 February and the Aboriginal parent barbeque on Tuesday 16 February. Each

was a great opportunity to meet staff and other parents.

During the holiday break a number of building projects were completed. Room 30 and the universal Access Toilet and laundry room are fantastic and will be a valuable resource for many years to come. The new undercover area on the side of the gym provides cover from the sun and rain for our Year 10 students, our HPE office received an upgrade to bring it up to the standard required. Room 39 is still a work in progress with new benches, computers and two 3D printers and a laser cutter being installed.

Peter Trefort, our Corporate Services Manager, worked throughout the holidays managing the building projects and providing information regarding new enrolments.

We have seven new staff members. I welcome them to Narrogin. They have hit the ground running and it is pleasing to see how well they have fitted into our school.

Respect, Responsibility and Tolerance

Our school norms are Respect, Responsibility and Tolerance. Every member of Narrogin Senior High School staff and every student deserves respect.

It is extremely important that students show respect for all staff members. Not only is it the right thing to do but research shows that students produce the best results when they develop positive working relationships with their teachers.

The first two days back, for staff, involved an analysis of our students' results and professional development.

I am looking forward to an exciting year at Narrogin SHS and encourage students to make the most of the wonderful academic and co-curricular opportunities available to them.

Narrogin Senior High School – Summary of Year 12 Performance 2015

TOP 50 SCHOOL - VET Achievement

NSHS Year 12 students achieved excellent results. The highlight was achieving a ranking of 34th out of all WA schools for VET achievement, completing a Certificate I or higher. 87% of our students achieved a Certificate II or higher. The dedication and efforts of our staff and students has resulted in a significant improvement in student achievement.

The median Australian Tertiary Admissions Rank (ATAR) score was the **highest achieved since 2009** and the number of students who achieved an ATAR of 55 or above and/or a Certificate II (Attainment) was 94% which was 6% above the average for Public Schools state-wide.

English, Geography, Mathematics 3AB and Physical Education Studies all had final scaled scores above State DoE and Like Schools. History, Mathematics 3CD and Physics Studies also performed well with final scaled scores above Like Schools.

89.3% of our ATAR students achieved front door entry into university while every student was offered a place at university.

Vocational Pathway students achieved 34 different Certificates with 27 students achieving a Certificate III and 7 students achieving a Certificate IV.

Tayla Atkins and Gemma Boxall won a Secondary Curriculum and Standards Award of Commendation for achieving 20 A grades or equivalent over Years 11 and 12.



Browyn Horobin-Lavan



Jasmine Cheney

Both these Year 12 Students were awarded Scholarships to attend their respective Universities.

Narrogin Senior High School continues to offer quality programs for all students and we are proud of their achievements. Our new strategic plan includes academic targets that have been revised upwards for 2016.



Senior School Deputy

2016 got off to a great start. The students transitioned well into the new school year.

We have many plans for the year to assist with the students in gaining academic success. One such event is **Connect** and having all members of the school community involved.

Connect is an online environment developed 'in-house' by the department of Education for staff, students and parents in public schools. It will give our teachers a tool to deliver content to the students via an online classroom. This means your children will be able to share with you what they are learning about, submit assessments and discuss issues together online anywhere, anytime – in fact, easy access to information relevant about your child's classes and learning such as assessments, teacher feedback and attendance data. As parents you can access the following information in regards to your child:

The classes in which your children are engaged

Class calendars

Week by week attendance information

Assessment Outlines information drawn from Reporting to Parents (secondary)

Assessments and evidence for your own child

Notices from classes that automatically generate an email notification to you.

There is a short video clip on Connect at https://vimeo.com/connectwa/welcome and a flyer (in this newsletter) with further information.

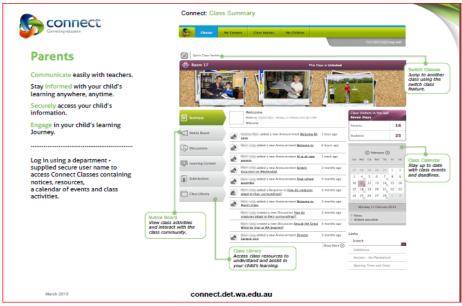
Parents/carers can have access once they register. Forms for registration have been included in the newsletter. Please complete and return to the school (front office) and you will be notified when registration is complete – you will be provided with log in details.

Year 11 and 12 ATAR students have access to revision seminars. These are usually delivered over the holidays in Perth. Information will be forwarded to students once it has been disseminated.

The Online Literacy and Numeracy Assessment (OLNA) is fast approaching. Commencing March 8 2016. Identified students will need to complete this assessment. They will be provided with letters and timetables for testing within the next week. It is important that students practice this test. Practice tests are available online at assess.scsa.wa.edu.au, username: 4039, password: prac14 Students have accessed these at school, however, more practice will provide students with confidence to complete the tests successfully.



http://connect.det.wa.edu.au



Mr Andrew Symington

Lower School Deputy

Welcome back to 2016. I hope everyone had a relaxing time during the summer break. I took the family up to Perth where we house sat for three weeks and enjoyed the lovely surrounds of the Perth hills. It was an opportunity to catch up with family and friends who we haven't been able to see for a while and indulge in a pool and spa. It was very enjoyable and I've come back very relaxed.

It's been a great start to the year with only a few minor hiccups. Students have been going to, and staying in, class so they are already focused on achieving their best. I would commend those who have started this way and would ask that they continue to do so as they set an excellent example for the other students. There will be Attendance letters heading home, if they haven't already hit the letterboxes, and we would encourage everyone to maintain an above 90% attendance regime, as the more time you are at school, the more contact you have with your teachers, and the more opportunity you will have to receive support and help.

I'll quickly take this opportunity to highlight a few things in relation to the middle school years. On March 1, we are having **Youth Focus** come into the school once again to talk to the Year 9 students about stress, anxiety and related strategies for coping. There will also be an important parent information evening that night in the Trade Training Centre from 6pm through to 7.30pm. This will be 'parents only' so please come along ready to listen, and if you have any questions, please feel free to ask them at the question/answer session. Please see the attached flyer in this newsletter and mark the date in your calendar.

For our Year 7 students, **Swimming lessons** are on again at the end of Term 2. I know it is a fair way away, but please put these important lessons in the family calendar. The students last year had a fantastic time with the one hour lessons throughout that week, and I look forward to seeing more of our students take up this opportunity this year.

NAPLAN is heading towards us very fast. The Year 7 and 9 students will be bringing home a pamphlet which contains critical information for parents. It outlines the dates for the various tests. If you wish to withdraw your child from participating, a form is available from the front office which needs to be signed. Please bear in mind that it is expected that all students will sit the test, especially as it impacts on the senior years and the Online Literacy and Numeracy (OLNA) tests that all students must pass in order to graduate and leave school in Year 12. Remember Year 9 students, if you receive a Band 8 or above, you will automatically receive an exemption from that part of the OLNA test – so please treat these tests very importantly and do your best. Please see the attached flyer for more information.

Finally, if you wish to get in contact with any of your child's teachers to see how they are progressing in the lead up to Semester 1 reports, and the **Parent Interview evening on March 31**, please go to the school's website (www.nshs.wa.edu.au), locate the respective teacher and begin that important communication dialogue. All the best for the rest of this term.

PICKING UP AND DROPPING OFF YOUR CHILD

For the safety of our students we request that all school car parks are **not** used for drop off or pick up of your child.

Please use Gray Street or Homer Street due to traffic congestion and the risk to students.

NSHS Students Achievement Awards

Top Student Yr 10
Wiltronics Science Award 2015



David Hallam with HOLA of Science Mr Johnson and Principal Mr Quartermaine

Edith Cowan University Citizenship Award.



Sorcha Armstrong -Hetzel

The Premier's ANZAC Tour Entrant Award



Rykiel Gibb

SCSA Commendation Award 2015



Gemma Boxall

Penny Wright Memorial Award for Top Student Yr 10 in English 2015



Abbey Wilson
With HOLA of English Mrs Lousie Davidson and
Principal Mr Quartermaine

Thank you Rob Harris



Mr Rob Harris is acknowledged by the school for his contribution over 13 years to the NSHS Sports Academy.

The SCSA Certificate of Commendation is awarded to students who achieve 20 "A" Grades or equivalent during Years 11 and 12.

Edith Cowan University Personal Excellence Award – Juanita O'Neill

Top Yr 10 Maths Student 2015



David Hallam with HOLA of Maths Mr Fung and Principal Mr Quartermaine

Australian Defence Force Award for Leadership -



Hena Smith

Ross McKinnon Memorial Award for Top Student D & T Yr 11 2015



Brady Jenkin With Technologies HOLA Mrs Diane Quartermaine

SCSA Commendation Award 2015



Tayla Atkins

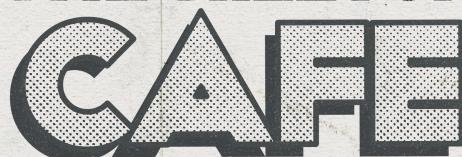
Narrogin Senior High School Presents

Friday Open at 11.30am - Last Order 1.45pm in the Trade Training Centre



THE HILLIUP





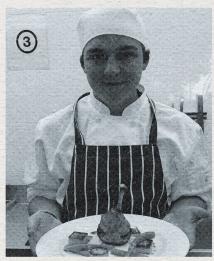
WA's first high school student operated restaurant



NEW KIDS ON THE BLOCK

Nutrition is the focus of the latest HillTop Cafe menu. Chef and teacher Justine Campbell will lead the students through the delicious recipes for this year placing a strong emphasis on maintaining the integrity of the ingredients. The students will complete a Certificate II in Hospitality and Kitchen Operations. The students serving you today have put in a lot of work developing the menu & learning new skills. We hope you enjoy your dining experience.

· JORDAN MCLEISH ·



2015 Winner 'Taste of the Future'. Apprentice at 'The Wild Fig' Cafe in Scarborough Western Australia.



2015
WHAT A
YEAR!

After a successful year operating as the HillTop Café, the school specialist Kitchen Operations students continued to make a name for themselves throughout the Hospitality Industry. Five students have commenced apprenticeships this year through the Perth metropolitan area and as far south as Albany to join the three Narrogin Alumni that has Industry asking 'What is going on in Narrogin?'.

THE HILLTOP CAFE MENU

MAIN MENU

Potato, Rosemary, Parmesan Pizza Bread (v) \$8.00
Bruschetta (2) – Pane di Casa, Swiss Mushroom, Fire Roasted Peppers, Zucchini, Spanish Onion, Vine Ripened Tomato (v)
\$10.95
Caprese Salad – Roma Tomatoes, Buffalo Mozzarella, Basil Pesto, Balsamic Glaze (v) \$11.95
Greek Lemon Pepper Calamari Salad
(cf,gf,vo)\$15.50
Chicken Satay (6) - Greens, Compressed Rice, Cucumber Salad, Black Sesame Cracker (cn,cf,gf)\$15.95
Thai Beef Salad with Rice Noodles (cn,cf,gf)
Classic Beer Battered Fish Burger – Turkish Bread, Lettuce, Spanish Onion, Tomato, and Tartare Sauce served with Beer Battered Fries
HillTop Cuban Sandwich – Mojo Marinated Pork Shoulder, Baked Leg Ham, Swiss Cheese, Dill Pickles, American Mustard served with Sweet Potato Fries\$17.00
Pan Fried Australian Barramundi - marinated in Lemongrass, Chilli, Ginger, Cilantro & Basil with Wok Tossed Asian Vegetables and Noodles (gf,cf)

Please note that our products either contain or/are produced in kitchens which contain/use the allergens of peanuts, tree nuts, seafood, soy, milk (and other dairy), egg, sesame, wheat (gluten) and sulphite preservatives. We cannot guarantee that any of our products are 100% allergen free.

DESSERT MENU \$9.00

Mixed Berry Parfait and Spanish Churros

Seasonal Fruits with Citrus Shortbread and Passionfruit (gf)

Warm Orange and Almond Cake with Spiced Syrup and Cashew Cream (gf,df)

Raspberry and White Chocolate Cheesecake, Red Velvet Sauce (gf)

DRINKS MENU

HOT DRINKS	\$4.00
Cappuccino	Mocha
Flat White	Hot Chocolate
Café Latte	Chai Latte
Long Black	Soy & Lactose Free milk availiable
TEA MENU	\$4.00
English Breakfast	Liquorice Tisane
Earl Grey	Lemongrass, Lime & Ginger
Tie guan	Jasmine and Strawberry
Jasmine	Apple & Pomegranate
Japanese Sencha	Cocoa & Chilli
COLD DRINKS	
ICED FRAPPES.	\$5.50
Iced Coffee & Choco	late
MOCKTAIL,	\$4.50
Basil Mint and Lim	e Mojito
NOAH'S SMOO	THIES\$4.50
Green - apple, peac	ch, kiwi, mango, lime
Red -apple, guava,	blackcurrant, strawberry, blueberry
MILKSHAKES	\$5.00
Banana, Caramel, Va	anilla, Strawberry, Chocolate, Spearmint
SOFT DRINKS	\$4.00
Sprite, Diet Coke, Co	ke, Fanta, Lemonade & Sparkling Water

 $VO-Vegetarian\ Option\ GF-Gluten\ Free\ DF-Dairy\ Free\ V-Vegetarian\ CN-Contains\ Nuts$

The students at Narrogin Senior High School wish to thank you for supporting their training in the hospitality industry.

Year 7 Student News

It has been a fantastic start to the year for our newest school community members. The Year 7 students have adjusted wonderfully to high school life with the separate subject classes and teachers. Feedback forms collected from the students recently have revealed that all are very happy at their new school.

We have been able to supply some games and equipment during lunch times to keep the Year 7 students entertained in their lunch area. Thanks to





the generous offer of time from Mr Robbins, the students have also been given the opportunity to participate in 'Giant Jenga' as an added activity. Mr Robbins is also working with Mrs Sivyer to organise different equipment for more games.

An overwhelming number of students have also nominated themselves or been nominated for NSHS Year 7 Student Councillors. To allow every student an equal opportunity, informal speeches were conducted at the Year 7 year

meeting last Thursday. Every student that participated impressed observing teachers with their public speaking skills. Teachers and senior staff will decide on the councillors for 2016.

I hope that this mature, polite and happy natured group of Year 7s continues to thrive at NSHS as the year progresses. Parents and caregivers are welcome to contact me for any comments or queries they may have at Mathew.Harding@education.wa.edu.au

Mathew Harding Year 7 Coordinator





Are You Getting Enough Sleep?

leep is vital to your well-being; as important as the air you breathe, the water you drink and the food you eat. It can even help you to eat better and manage the stress of being a teen. Teens need about 8 to 10 hours of sleep each night to function best.

Not getting enough sleep, or having sleep difficulties, can affect your concentration and memory, limit your ability to learn, make you more prone to pimples and weight gain, lead to mood swings and inappropriate behaviour and contribute to illness and accidents.

Tips to better sleep:

- Make your room a sleep haven. Keep it cool, quiet and dark. Let in bright light in the morning to signal your body to wake up.
- Avoid caffeine after lunchtime, including coffee, tea, cola and chocolate.
- Establish a bed and wake-time and stick to them, coming as close as you can on the weekends.
- Don't eat, drink, or exercise just before bedtime. Try to avoid the TV, computer and telephone (anything backlit) within an hour of bedtime. Stick to quiet, calm activities, and you'll fall asleep much more easily!
- If you do the same things every night before you go to sleep, you teach your body the signals that it's time for bed. Try taking a bath or shower (this will leave you extra time in the morning), or reading a book.

If you jot notes down before you go to sleep, you'll be less likely to stay awake worrying or stressing. If you wake up thinking of something, write it down then go back to sleep.

Yr 11 Chemistry Students





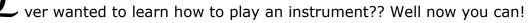




Year 11 Chemistry students perform chromatography to analyse different pigments used in food colouring.

Music Department





The Music Department has openings for any students who would like to learn an instrument and participate in the Concert Band.

The availabilities include beginner lessons for **Trombone**, **Saxophone** and **Flute**!

If you are interested in having lessons for one of the instruments or want more information please contact the Music Department on 9881 9328 or come see us in The Arts Office.

Miss Kerrigan and Mrs Whitting.

Nurse's Office



Southern Wheatbelt Primary Health Year 8 School Vaccination Program

ommunity Nurses from Southern Wheatbelt Primary Health Service will be visiting Narrogin Senior High School on **Tuesday 1**st **March 2016** to give Year 8 students their second dose of Human Papilloma Virus (HPV) vaccine and their Adult Diphtheria-Tetanus-Pertussis vaccination. Only students whose parents have given consent for their vaccination at school will be vaccinated.

Please contact your School Health Nurse if there have been any changes in your child's health since you completed the Vaccination Consent Form in Term 1.

If you have any concerns or queries about these vaccinations please contact:

Tammy Vause - School Health Nurse on ph. 9881 9330.

Canteen Roster Term 1 2016

Volunteers eagerly welcomed and in urgent need Please call - 98811197

Mon 29/2	Tue 1/3	Wed 2/3	Thurs 3/3	Fri 4/3
SYMONDS	LANGE	SPARK	MULCAHY	O'NEILL
			POLLARD	
Mon 7/3	Tue 8/3	Wed 9/3	Thurs 10/3	Fri 11/3
Labour Day	SEIBER	JOHNSTON	KOKICH	O'NEILL
Mon 14/3	Tue 15/3	Wed 16/3	Thurs 17/3	Fri 18/3
	SCOTT	WYLLIE	HAYDOCK	O'NEILL
ROWE	KILPATRICK	P&C Meeting		School Ball
Mon 21/3	Tue 22/3	Wed 23/3	Thurs 24/3	Fri 25/3
HOLMES	SVENSON	Assembly	HARRIS	Good Friday
Mon 28/3	Tue 29/3	Wed 30/3	Thurs 31/3	Fri 1/4
Easter Monday	Easter Tuesday		JACOBS	O'NEILL
,	Edotor racoday			PASCOE
Mon 4/4	Tues 5/4	Wed 6/4	Thurs 7/4	Fri 8/4
ROWE	FULSTON	POLLARD	JOHNSTON	O'NEILL

Notices

HOSTING A FRENCH STUDENT - APRIL, JUNE OR JULY

For the last 9 years a programme has been in place offering the opportunity to young French students aged 13-16 years to discover Australia and its education system.

The purpose of the programme is for the French student to experience living with a local family, to see how an Australian school operates, to improve their English language skills through this full immersion and to create a strong friendship with their Anglophone peers. The programme is highly successful and both Australians and French students greatly enjoy the exchange. Many families still keep in touch with each other. He will be fully covered by appropriate insurance.

Please contact **Martine Floyd**, email: martine.floyd@iinet.net.au, mob: **0403 019 609**, if you are interested in hosting either 5 or 10 weeks.

Australian Government Mobile Services Centres



If you live in a rural area, you may be affected by remoteness and may need to travel greater distances to access vital government payments and services. To make it easier for you to access these services, we're bringing them to you and your community.

Mobile Service Centres travel extensively throughout regional Australia and also to disaster affected areas to provide much needed support and assistance.

Staff from the Department of Human Services travel with the Mobile Service Centres and can help you with Centrelink, Medicare, Child Support and Australian Hearing payments and services. From time to time, representatives from other government agencies also travel with the Mobile Service Centres.

Information and assistance you can access on board the Mobile Service Centres

The Mobile Service Centres provide a wide range of services. We can assist you with:

- · new claims for Centrelink payments
- updating and confirming Centrelink and Medicare customer information
- conducting a hearing health check/hearing test
- information on how financial matters may impact on payments
- assistance with payment and service options to suit individual circumstances
- rural payment entitlements for eligible farmers
- non-cash Medicare transactions
- enrolling for and issuing new Medicare cards
- · updating and re-issuing Medicare cards
- social work support and referrals.

Our staff will provide you with friendly face-to-face service, information and support. They are specialists in rural and remote servicing and live and work in the communities they serve.

Mobile Service Centre customers

We provide information, assistance and support to all rural and regional customers, including:

- families
- older Australians
- studentsjob seekers
- people with disability
- carers
- farmers
- self-employed individuals.

How to find out more

To view the latest itineraries for the Australian Government Mobile Service Centres, visit

humanservices.gov.au/mobileoffice

The stopping location details for each Mobile Service Centre are promoted in each town and advertised in the media before each visit.

Disclaimer

This information is intended only as a guide to payments and services. The information is correct as at June 2014. If you use this publication after that date, please check with us that the details are current.

Secondary Assistance Scheme

Applications Close Friday 8 April 2016

The Secondary Assistance Scheme is available to secondary students whose parent/caregiver holds a Centrelink Family Health Care or Pensioner Concession Cards or Veteran's Affairs Pensioner (Blue) Concession Card. The scheme is available to students up to and including the year in which they turn 18. Please contact the front office for any queries.

Centrepay

NSHS would like to inform parents and carers that we are now able to

Centrepay for payment of school Contributions and Charges.

Centrepay is a free and voluntary bill-paying service for parents receiving Centrelink payments.

YOGA CLASSES

Suitable for everyone, all level welcome.

Tuesday 6.00pm. Wednesday and Friday 9.30am

7 Furnival Street at the Scout/Guide Hall.

\$12 or **\$10** concession per class.

Lynette Blechynden:

0428 131 656 Facebook: LynetteB Yoga

If undeliverable return to

Narrogin Senior High School Private Bag 2 Narrogin WA 6312 PRINT POST APPROVED 63965610013

SURFACE MAIL

POSTAGE PAID NARROGIN

Peer Skills

haplains Marty & Jennifer ran Peer Skills Programs in 2015, starting the year with the Year 9s, and working in Term 3 with Year 8s and Year 7s. This is a fun two day workshop run during school time. Over these two days,

> students bond together with other students and help to form great friendship groups.



This is a fun workshop, teaching students life skills, communication and listing, team work, leadership skills, where to get help locally/school/ internet/phone- Kids Help line.

The local churches support the chaplain and students by providing the yummy morning tea for students while they attend the Peer Skill workshop.

NARROGIN SENIOR HIGH SCHOOL

Workshop was amorina and so was everyone

fglaulausness > you leave so

the aroup members that took

part are Super Duper Amazin . If you get the Chance to Come

24 Hour Attendance **Hotline**

SMS: 0409 085 994 Ph: (08) 9881 9378

Email: nshsmail@nshs.wa.edu.au

Student Services

Who can assist you in Student Services?

Mr Alistair Potts Manager:

Administration: Mrs Sharon Ward, Mrs Karen Walker, Mrs Sue Jacobs and Mrs Imogen Nicholas

Year Leaders: Year 7 Mr Matt Harding Year 8 Mrs Navine Coates Year 9 Year 10 Mrs Leah Russell Ms Melanie Kerrigan Year 12 Year 11 Mrs Kristy Johnson

Mr Mark Davis Mr Martin Vause (Thu - Fri) Chaplain: Mrs Jenny Pollard (Mon – Wed) AIEO: Mrs Janice Kickett (Mon – Wed) Mrs Carol Kickett (Thu - Fri)

Nurse: Mrs Tammy Vause

We have developed attendance magnets to make it easier for you to locate the phone numbers. These magnets went out to parents with student reports at the end of 2015 and new students were provided with a magnet at their induction. The magnets are a quick reference for parents and guardians with three options on how to notify the school of your child's whereabouts. If you do not have a magnet but would like one, please contact student services or have your child attend student services to collect a magnet.

IMPORTANT_REMINDERS

Reasonable causes for absences must be notified to the school within three days of your child's absence. Your assistance in reporting these as soon as possible is much appreciated.

Late notes are issued to students who do not attend Form at the beginning of the day.

A note, SMS or a phone call must be made to Student Services advising of the reason for a child's lateness. Students are not allowed to return to class unless they have a late slip issued by Student Services.

Timetables are issued to students at the beginning of the term. Students are asked to take responsibility for these and it is suggested students keep a second copy in their bag should they lose their original.

"PLEASE AND THANK YOU" are still Magic Words!

Check out our web page for all the latest news - join us on Facebook

HIGH SCHOOL HIGHLIGHTS

Page 12