

Beau & Belle of the Ball



Khristan Randall and Jordanne Medlen

Mad Hatters, Queen of Hearts, Cheshire Cats and red roses set the scene at the Narrogin Town Hall on Friday 13 March, when NSHS Senior students came out to attend the 2015 Alice in Wonderland School Ball. Large crowds lined Federal Street to watch the spectacle of Student Arrivals. Students were formally announced by Mr Potts as they walked the red carpet leading into the hall. Once inside the hall they were greeted by special guests and served mocktails by the Year 10 Wait Staff. Students were served a two course meal and then danced the night away to music provided by a DJ Daniel – an ex student. Congratulations to Belle and Beau of the Ball, Jordy Medlen and Khristan Randall.

The NSHS would like to once again thank the local business community and Town of Narrogin for its support of the school ball.

Mrs Susan Castle

Governor's Visit



Her Excellency Kerry Sanderson



Mr Stephen Quartermaine

FROM THE PRINCIPAL

At this time of the term we always say how quickly the weeks have come and gone. For our Year 12 students almost one third of Year 12 is behind us. It is great to see students working well and enjoying their final school year. I encourage students to make use of the tutorial classes offered by staff who are showing their commitment to the academic achievement and health and well-being of our students.

Once again I would like to thank our Year 7 and 8 students for the way they have adapted to high school. They have more teachers, more subjects and more peers. Their ability to adapt and to make the most of the opportunity is a credit to their parents and their previous schools.

The One-Line-Budget is up and running. It became live on Friday 20 March. We have now moved to the new Student Centred Funding Model and have been allocated our funding for 2015 based on student numbers gathered on census day. Peter Trefort our Business Manager has been working on our school finances and has now completed the 2015 budget.

Since our last newsletter we have had a number of events that have added to the development of our students.

Last Thursday, Her Excellency the Honourable Kerry Sanderson Governor of Western Australia and member of the Order of Australia visited our school. She is the Queen's representative in Western Australia.

Her Excellency is the 32nd Governor and the 1st female to hold the position. Questions that we often ask are: How does a person get a job like that?; and Where did she come from?

The Governor's parents were both from rural WA, her father was born in Kunjin (near Corrigin he studied hard and became an agricultural scientist and Deputy Director General of Agriculture for many years. Her mother was a high school teacher and Deputy Principal. She was Deputy Principal at our school - Narrogin SHS in 1978. Some parents may remember her.

Her Excellency went to Churchlands SHS, then UWA and studied a Bachelor of Science and Mathematics, followed by a Bachelor of Economics. She worked for the public service in the Treasury, then Chief Executive Officer of Fremantle Ports before moving into Agent General for WA in London then Governor.

Congratulations to Jakeb Reardon and Blake Page on their selection in the Boys State 15's Hockey team. I wish them the very best of luck in the National Tournament in Tasmania.

The Hawaiian Ride for Youth which is a ride from Albany to Perth to raise awareness and funds for suicide prevention organised by Youth Focus came to NSHS on Thursday 26 March. Previously Youth Focus had conducted sessions on mental health for our Year 9 students.

The riders and support staff had lunch in the HillTop Café then met with all our Year 9 and 10 students. The CEO of Youth Focus and the riders were very impressed with our students. They were very amazed by their maturity and level of understanding about mental health issues such as depression, compared to other schools that they have visited.

I congratulate and thank everyone on staff who has contributed to the implementation of our Health and Well-being priority. Youth Focus representatives believe that our comprehensive approach has had a significant impact on the understanding of our students. Well done to everyone involved.

I wish all of you a happy and safe holiday and to recharge your battery for the exciting things that lay ahead.



First of all a big Congratulations to the Years 10 & 11 students that sat their **OLNA** (Online Literacy & Numeracy Assessment). The students were extremely prompt and worked diligently through the test. I was very impressed. I am quietly confident that the Year 10 cohort will have achieved great success in their results. We will know mid – late May the results and I will forward these to parents via student reports at the end of Semester One. For those that missed out further tests will be scheduled in September. Just a reminder that students cannot graduate without completing their OLNA successfully.

We are now in the full swing of the school year and students are feeling the pressure of their studies. It seems that a number of students take the first and easy option of giving up when the work becomes challenging. Just a few hints for students, in regards to other options that may assist in embracing challenges and experiencing success.

Have a **weekly study plan**: devise a timetable for the week (including outside school hours) and block out committed times – including sports, work, training, meal times and sleep etc. Allocate hour block to subjects, with completing set work for assessments as well as revising. This will change from week to week so maybe dedicated a Sunday to organise the following week may be an ideal option. Being organised will alleviate stress!

When an assessment item (assignment/test/exam) has been marked **seek thorough feedback** from the teacher. It is really important that you understand where you went wrong and comprehend the correct answers/work and so on. You will most likely need this information to progress in the subject.

Use the Diary to record all information about your subjects eg assessment items due, homework required, topics to revise etc. The diary is an essential tool to being organised.

Attending Tutorial Classes – staff are keen to assist students at lunchtimes or after school to help students understand the work. We have set tutorial lessons for students. I have included the current times for Tutorial Lessons below.

For students that would like to progress from any stage check out revision classes. A number of these are available for holiday workshops – which I strongly advise students to engage in. Previous experience has shown that success is increased by attending extra tutorials and/or workshops. Such workshops include:

Academic Taskforce www.academictaskforce.com.au for ATAR revision over the holidays. Flyers have been provided to students. 9314 9500

Academic Associates www.academicassociates.com.au 9314 9000

Atarget www.atarget.com.au 9486 1377

Please examine these and maybe others online.

NSHS is finally going on Facebook. We have decided that the school will have a Facebook page with weekly updates on current information and at times photos. This will help parents to be up to date with information that students have received and also inform parents of upcoming events. Our newsletters will still be printed for the time being however I envisage that they will be in an electronic format for you to view.

This will begin in Term 2 and look forward to getting this off the ground.

After School Tutorial Classes: 3.30pm – 4.30pm

| Day | Subjects | Room |
|----------------|----------------------------|------|
| Monday | Chemistry | |
| Monday | Physics | |
| Monday | Maths | 10 |
| Wednesday | Yr 7 – 12 English Homework | 35 |
| Thursday | Year 12 3AB English | 5 |
| By Appointment | Human Biology | |



Resilience

Where would this world be if we didn't have the humble light bulb? Would we still be lighting rooms with beeswax candles, finding alternate sources of light from paraffin, kerosene or even crushing the humble olive to produce the finest oil for lamps? What satisfaction would we have if we couldn't flick a switch and banish all those ghosts and ghoulies hiding beneath our beds? Thomas Edison, the American inventor was quoted as saying, "*I have not failed. I've just found 10,000 ways that won't work*". According to legend, he made thousands of prototypes of the light bulb before he finally got it right. Tens of thousands! and sometimes we stop after our **first** failure. What would have happened if he had stopped right before that final bulb which lit up the darkened room? In spite of struggling without "success" throughout his entire working life, Edison never let it get the best of him. All of those "failures", which were reported to be in the tens of thousands, simply showed him how not to invent something. His resilience gave the world some of the most amazing inventions of the early 21st century, because his innovations led to the phonograph (the modern iPod), the telegraph (the modern iPhone), and the motion picture (IMAX in 3D at your local theatre). It is really hard to imagine what our world would be like if Edison had given up after his first few failures, threw everything in the bin, telling himself that he was a 'failure' and he'd 'never amount to anything'.



The word 'resilience' comes from the Latin, *resiliens*, present participle of *resilire* "to rebound, recoil", from *re-* "back" + *salire* "to jump, leap". Think of a spring. When it's pulled away or pressed together, its natural tendency is to spring back to its former shape. The dictionary lists the meaning of resilience as, "the power or ability to return to the original form, position, etc., after being bent, compressed, or stretched; elasticity.

Edison's story forces us to look at our own lives – do we have the resilience that we need to overcome our challenges? Or do we let our failures derail our dreams? What could we accomplish if we had the strength not to give up?

Resilience is our ability to bounce back when things don't go as planned. When we may not get the 'A' from an assignment where we thought we would receive one; when we get dumped by our boyfriend or girlfriend; when we get 'jarred' by a teacher for doing the wrong thing; or when the bottom falls out of the icecream we've just bought on to the pavement. People, or students who are resilient don't dwell on failures; they acknowledge the situation, learn from their mistakes, and then move forward. They first see it as a **Challenge**; they view difficulty as a challenge, not as a paralyzing event, and so they look at their mistakes as lessons from which to learn, and as opportunities for personal growth. They definitely don't view them as a negative reflection of their self-worth. Secondly they **Commit** themselves to fulfilling their life and personal goals, whether that be gaining their graduation at the end of Year 12, securing an apprenticeship or a place at TAFE or University. They commit themselves to their work, just as Edison did in finally producing a tiny wire filament that when electricity was passed through it, it glowed and produced light. Finally, resilient students focus their energies on situations and events over which they have **Control**. There are so many things out of our control these days that we can often feel overwhelmed, lost or powerless to take action. Focus on things you can influence and concentrate on putting your effort into projects where you will feel empowered and confident.

The fact is ... we are going to fail from time to time: it's inevitable, and it's an important part of living that we make mistakes and occasionally fall flat on our faces. The key to succeeding is to have the courage to go after our dreams, despite the very real risk that we'll fail in some way or other. Being resilient means that when we do fail, we bounce back, we have the strength to learn the lessons we need to learn, and we can move on to bigger and better things.

Addendum

A final thanks to all those parents who turned up at the recent Parent/Teacher interview evening last Thursday, your support was much appreciated. Hopefully in Term 3, if you missed out, you will have a further opportunity to converse with your child's teachers as to their progress prior to Semester One reports. Other than that, the teachers would welcome the opportunity to chat to you on how your child is progressing. Most can be reached via the school phone number or through email, teacher.name@education.wa.edu.au. To all students and parents, please have a happy and safe holiday and I look forward to seeing you all back ready for Term 2.

Up Coming Events

Just a reminder that Year 7 and 9 NAPLAN tests will be held in Week 4 on Tuesday, Wednesday and Thursday. Year 7 Swimming Lessons will commence in Week 11 of Term 2. Notes will be coming home early next term.



Sarah Van Elden & Travis Nicholas



Dale Fazey and Katie Lally



Evan Beckwith and Hannah Auld

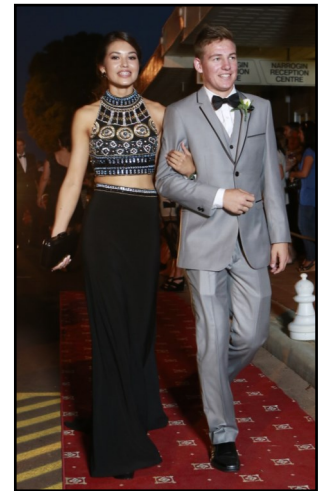
Alice In Wonderland



Mr Morrell & Lauren Shipley



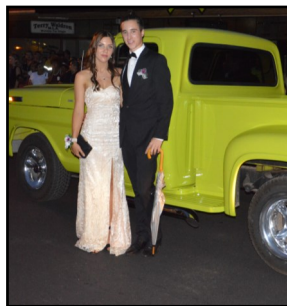
Ionie Hall, Brad O'Neill, Chris Kain & David Hallam



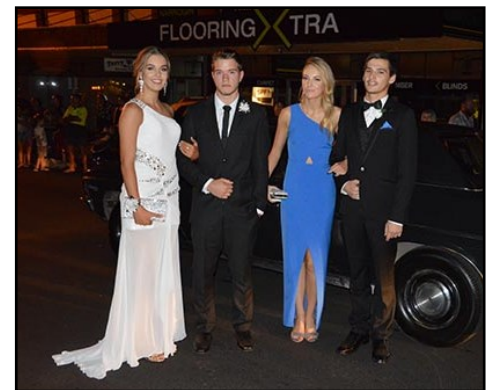
Jacqueline Ozanne and Dylan Kirk



Taylah Jensen, Venetia MacInnes, Jade Cameron, Olivia Dorn,
Jade Bowron, Holly Blechynden & Sarah VanElden



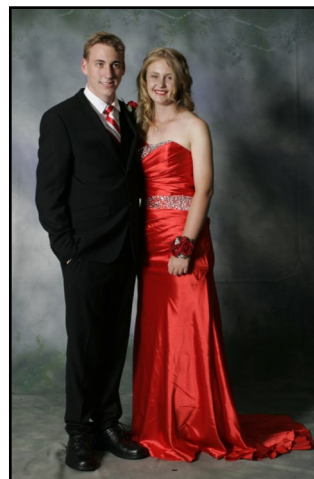
Olivia Dorn & Khristan Randall



Shenae Reynolds & Andrew Holmes, Georgie Bishop & Keith Bowden



Arriving in Style



Kyle Hankinson & Jasmine Cheney



Laura Sparks, Robert Kain, Breanne Cortez

Governor of Western Australia Visits Narrogin Senior High School

Her Excellency the Honourable Kerry Sanderson, Governor of Western Australia and Member of the Order of Australia paid a visit to Narrogin SHS on Thursday 19 March.

The Governor's mother, Mrs Valma Smith was Deputy Principal at NSHS in 1978.

The Governor presented Top student awards to our Year 12 students, was entertained by our Senior School Band and enjoyed a short drama piece by our Year 9 Drama students. Sandii Stankovic was the MC, Clyde Goodenough developed the students for the drama piece, operated the lights and sound while Melanie Kerrigan and the Senior Band were top class.

Following the performances Her Excellency participated in a short tour of the new Performing Arts, Music and Administration buildings before enjoying a tour of a working commercial kitchen and morning tea in the HillTop Café.

Our Year 12 prefects were able to have an informal discussion with Her Excellency who was very approachable and engaged the students in discussion over morning tea. Renee Sieber who has been selected to attend the Premier's ANZAC Tour later this year met the Governor and discussed her upcoming adventure.

Staff were also able to meet the Governor in the HillTop Café.

The visit was very successful, our students were excellent and the Governor was very impressed with our facilities and the success of the HillTop Café.



Mr Steve Quartermaine



The School Band



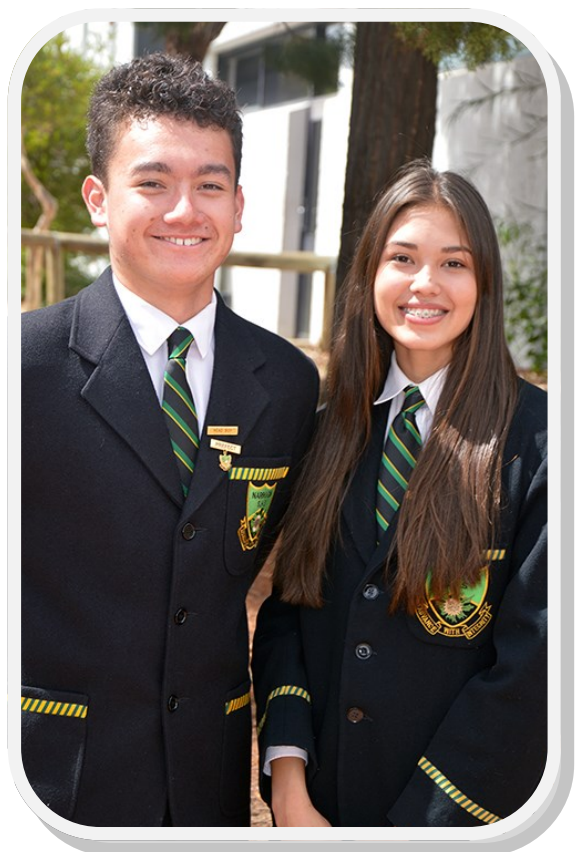
*Ms Justine Campbell, Her Excellency and Mrs Diane Quartermaine with students
from the Trade Training Centre*



Performing for Her Excellency

Head Boy and Head Girl 2015

Robert Hallam & Jacqueline Ozanne



Year 12 Prefects 2015



Jackson Davidson, Caleb Murray, Henry Hussey, Peter Kirby & Robert Hallam

Jordy Medlen, Olivia Dorn, Jacqueline Ozanne, Juanita O'Neill & Emily Ballantyne

Calendar Of Events

The Nurse would like to thank all Year 8 students who did return their Immunisation forms on time. A reminder to all students who have not had their Year 8 immunisations to see the School Nurse during recess or lunch break. Thank you.

- 22 April - P&C Meeting - 7.30
- 23 April - ANZAC Assembly
- 27 April - Anzac Day Holiday
- 30 April - Yr 11/12 ATAR students consultants briefing
- 01 May - Yr 11 Geography Excursion
- 06 May - Assembly
- 07 May - UWA Medicine & Dentistry Talk
- 12 May - NAPLAN
- 12 May - P&C Meeting AGM 7.30

TOP MARKS
Learning Centres

Study Skills 2015 PERTH

Course Outline and Dates Below for Years 10-12

**3 Day
Holiday
Seminars**

3 Day Senior

(For Years 10-12) Seminars 2015

Edith Cowan University Joondalup Campus

Dates: April (2015) 8th, 9th, 10th

Times: 9am - 3:00pm

Edith Cowan University Mt Lawley Campus

Dates: April (2015) 13th, 14th, 15th

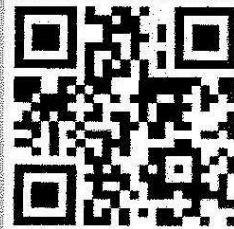
Times: 9am - 3:00pm

Cost: \$395

Course Outline

- ✓ Stress Management
- ✓ Memory Strategies
- ✓ Effective Note-Taking
- ✓ Essay Writing
- ✓ Speed Reading
- ✓ Mind Mapping
- ✓ Time Management
- ✓ Revision Program
- ✓ Reading Comprehension

Scan here for our full information pack and to sign-up.



**Study Skills
Testimonials 2014**

“ I really enjoyed these classes and they are really useful. The course, material and presentation very good and their is nothing that needs to be changes - **DR GBC** ”

Top Marks Learning Centres | W: www.topmarks1.com | Phone: 9091 73 74 | Mobile: Ann 0437 222 480

Year 12 Forensic Science

Integrated Science for Year 12 has started the year with gruesome tales of how to get away with murder. As a way of combining concepts from physics, biology and chemistry, students have been looking at specialist fields of forensics and learning how analysis of these science concepts can identify suspects in crimes.

Classes have investigated blood splatter from inflicted injuries using pork roasts as human analogues and have recently completed ballistics analysis using Nerf® firearms to test bullet

trajectory. Forensics is an interesting subject and everybody loves a good mystery to solve.

Mr Matt Harding



Year 8 Science

We started the term studying Science Inquiry; this gave the year 8 students the opportunity to work with a wide range of scientific equipment. The expression on the student's faces definitely indicated using Bunsen Burners was one of the highlights. We are now studying Cells- units of life. This is what some of the NAEP students had to say about this topic.

"I think the most interesting part of Science this term is using microscopes because we looked at amazing cells."

Olivia Harvey

"My favourite topic that I have done in Science is using the microscopes and looking at banana, tomato and onion cells."

Ivan Vukomanovic

The years 7, 8, 9 and 10 are using the Science Essential text books.

Please ensure you have purchased one for your child.

Ms Maxine Clark



Chloe & Jessica



Harley & Justin

English and Arts News

The Town of Narrogin sought our assistance with a litter problem that existed at the award winning Gnarojin Park and adjacent Gnarojin Creek, picnic and recreational areas located in the heart of Narrogin. Food packaging and plastic containers were frequently found in the Creek. The area is particularly popular with indigenous school aged children who use the Skatepark in the area. A Noongar Dreaming Path tells cultural stories through public art at various sites along the Creek.

Keep Australia Beautiful Council messages were incorporated into an artwork project where students painted sulo bins to be installed in the park and close to cultural sites.

A number of students from Narrogin Senior High School attended this event and thoroughly enjoyed the fellowship and artwork that the morning provided.

Ms Louise Davidson



Whole School Literacy – how's your syntax?

From Term 2 onwards, the Whole School Literacy Committee will actively be promoting the ongoing revision of literacy skills for all students. Each term, everyone will focus on different sets of basic literacy skills which are relevant for all students at Narrogin SHS. In Term 2, we will be revising basic sentence structure.

Look out for tips and suggestions, weekly, in the pink sheets and in the termly newsletters.

If you want some hints on how to practise writing accurate sentences, over the holidays, then there are a number of websites which you can access:

- 1 basic skills: bbc.co.uk/skillswise
(three levels of basic skills which you can practise online)
- 2 revision level: grammarly.com/sentence_checker
- 3 challenging level: goteenwriters.blogspot.com.au

Ms Joan Armstrong

Building and Construction



Trades On the Go

Last week ex student Todd O'Rouke was called into school to repair a faulty power box.

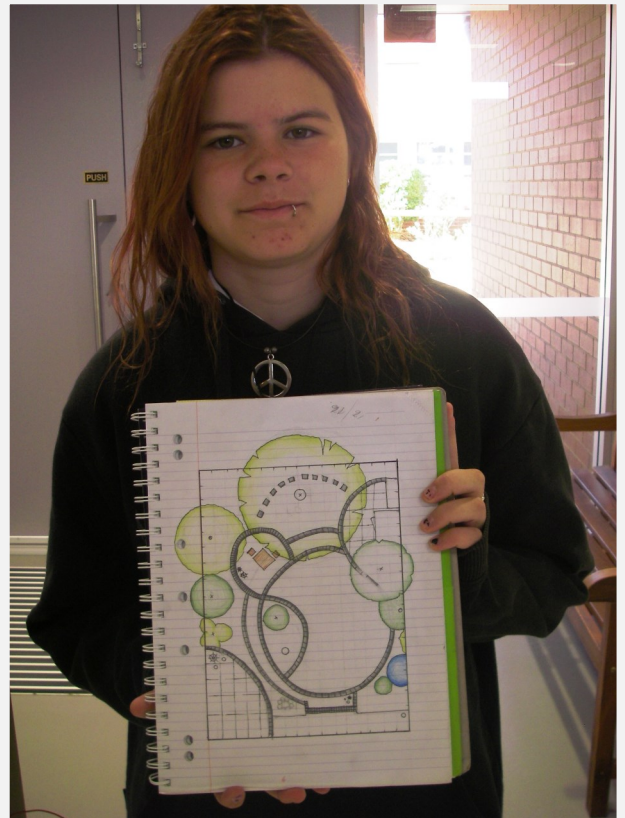
Todd is working locally in the area and is a fully qualified electrician. It's great for our students to assist with qualified tradesmen and in particular, in our areas of study.

Andrew Holmes and Jeremy Burgess both study Engineering Trades, Furniture Trades and Building and Construction so it's great to see keen students learning on the job with real tasks.

Mr Paul Dyson

Backyard Designs

Zoe Wright has been working on a Residential Backyard Design Project. This work is sketching that she has done in class over a period of time. The next task is to replicate this design as a scale model. On this task, Zoe is top of the class in Yr 11 Building and Construction.



Zoe pictured showcasing her backyard garden design.



STUDENT REPORTS



Bronwyn Horobin - Lavan
Narrogin Senior High School
Curtin University
Armadale Reptile and Wildlife Centre



The Industry Placement Camp

The camp provided an opportunity to observe and interact with aspects of primary industry, whether out in the field or in a lab. For myself, the camp provided the opportunity to find career options and to broaden my mind to what was available. Some of the highlights of the camp were the tours of Industry facilities, such as CSIRO, Intergrain and Trandos Hydroponic growers, these industries all worked towards creating sturdier and/or more nutritious grain and food sources.

Other enjoyable activities involved trips to Fremantle Prison, Dinner and the Ambassador Chinese Restaurant and, making noodles on the first day. While the aforementioned activities did not affect our perspectives on Primary Industry, they were, in my opinion, some of the most enjoyable activities due to our ability to socialise and have fun with them.

For myself, the entire camp was a blast with no real disappointments, only varying degrees of awesome, and I feel that the entire camp was a learning experience as it allowed for me to observe and interact with possible job opportunities and helped me discover interests in plant genetics and animal science. The PICSE Industry Camp has given me a direction past 'I want to do a science degree'

while providing some awesome memories along the way.

My Industry Placement

Armadale Reptile and Wildlife Centre was built to provide care for sick and injured animals while educating people about reptiles. The centre can receive anywhere from two to five injured or sick animals each week, these animals are housed in separate enclosures away from the public and are cared for by the centre's staff and volunteering vet course students from the local universities.



Volunteering at the reptile centre isn't just caring for sick animals and removing snakes from yards, as the dozens of animals kept at the centre require daily attention. Much of what I did throughout the week consisted of cleaning pens and feeding animals.

If undeliverable return to

Narrogin Senior High School
Private Bag 2 Narrogin WA 6312
PRINT POST APPROVED
639656100013

SURFACE MAIL

**POSTAGE
PAID
NARROGIN**

NOTICES**HOSTING A FRENCH STUDENT (16 JULY - 19 AUGUST 2015)**

For the last 9 years a programme has been in place offering the opportunity to young French students aged 16-17 years to discover Australia and its education system.

The student will attend a High School.

The purpose of the programme is for the French student to experience living with an Australian family, to see how an Australian school operates, to improve their English language skills through this full immersion and to create a strong friendship with their Anglophone peers. The programme is highly successful and both Australians and French students greatly enjoy the exchange. Many families still keep in touch with each other.

He/she will be fully covered by appropriate insurance.

Please contact **Martine Floyd**, email : aupairoz@inet.net.au ,
mob : **0403 019 609** if you are interested in hosting.

FAIRGAME
recycling sports equipment inspiring healthy communities.

IS COMING TO TOWN!**WHEN?**

Sat 11th April
9.30am - 1pm

WHERE?

Gnarrogin Park
next to Skate Park

Come and join in
with some fun
Fair Game
activities.
Lots of games,
sports and a free
BBQ lunch!!
For kids of all
ages.



FAIRGAMEWA.ORG

Clean Up Australia with Waste Free Lunches

This year marks 25 years of 'Clean up Australia Day', which aims to get rid of rubbish from streets, parks, bush land and waterways across the country.

One way your family can help to reduce the issue of rubbish is by packing waste free lunches.

Try to use -

- Reusable cutlery
- Lunchboxes with several sections to avoid the issue of lost lids
- Resealable containers so leftovers can be eaten later
- A reusable water bottle.
- Buy healthy packaged foods in bulk and portion into smaller containers; or
Make your own at home

Avoid

- Packaged foods, particularly those in individual wrapped portions (these are also often higher in salt, sugar and/or fat)
- Zip-lock bags and plastic wrap

Juice boxes, single use yoghurt containers

Another bonus of waste free lunches is that they are often healthier and cheaper too.

For more information about 'Clean Up Australia' go to: <http://www.cleanupaustraliaday.org.au/>

For more ideas on how your school can be WasteWise see: <http://www.wasteauthority.wa.gov.au/programs/waste-wise-schools/>

Go Health!

Check out our web page for all the latest news - www.nshs.wa.edu.au