Narrogin Senior High School recently celebrated NAIDOC and I am pleased to report the week was a great success. It started with an Opening Ceremony involving Narrogin Primary, East Narrogin Primary and Narrogin Senior High School. It was a tight squeeze in the gym but well worth the effort. The focus of the assembly was this year’s NAIDOC theme, Serving Country – Centenary and Beyond. All schools contributed to the program. Narrogin Primary School students prepared an excellent presentation on local Noongar Returned Servicemen. East Narrogin students wowed the audience by singing Head, Shoulders, Knees and Toes in Noongar language; followed by Narrogin Senior High School Aboriginal Cultural class singing a Noongar song. The audience was impressed by the Noongar Pop fashion students who show cased their latest creations and the final performance was an inspirational traditional dance performance by the High School Noongar boys, accompanied by Olman Wally and Ross Storey.

More photos on page 4
NAIDOC week was very successful. It was great to see students from every background participating in all the activities. The efforts of Ms Lavan and Ms Clark in developing the program in consultation with the community are much appreciated. The local community and staff members worked together to provide the activities during the week to develop the cultural intelligence of our students. Your input and support is invaluable. Olman Walley, a former Narrogin student conducted activities for students and presented a valuable and informative session for staff members.

The winter music performance was held in the new Performing Arts building on Sunday 10 August. The junior and senior bands showcased their talents to family and friends. Ms Kerrigan prepared the students for the School's Band Festival where they received a rating of “Outstanding”. A well deserved result for our quality music program. Everything is almost in place for the Canberra and USA Tours. Thank you to Barrie Stewart and Kristie Johnson for the hours they have been spending on organising these trips for our students.

Recently Mr Andrew Forrest, (a multi-millionaire Mining Boss) was commissioned by Prime Minister Tony Abbott to review indigenous training and employment programs, he, suggested reform of the welfare system, a focus on early intervention in childhood health, crackdowns on truancy and tax breaks for Aboriginal businesses that support training and employment.

The report says that for Aboriginal and other Australians with certificate III or IV level training, a university diploma or degree, there is no difference in employment outcomes.

Every student at Narrogin has the opportunity to achieve a certificate II and/or an ATAR of 55 or Above. Some students have already completed a Certificate III, some are close to completing a Certificate IV, others have a predicted ATAR of over 90.

I have mentioned the importance of your aspirations previously; what you want to achieve has the biggest impact on your achievements.

Leaving school with a Certificate II or an ATAR of over 55 sets you up for further training and that leads to a comfortable life.

Students who achieved highly were awarded an ‘A’ badge at a last weeks’ assembly. I congratulate them as they know what they want to achieve and are prepared to work hard to get there.

Year 12 students are well on the way to completing their final year of schooling, however there is still plenty of time for them to improve their scores. Mock examinations are in the last week of term for our ATAR students and students with less than 3 ATAR subjects continuing with their certificates and stage 1 courses during week 10.

Laptops - A reminder to Year 12 students and parents that school laptops will need to be returned no later than Friday 17 October. Students will need to return the computer and charger pack in good condition before they can be cleared.

NARROGIN SENIOR HIGH SCHOOL

OPEN DAY & MARKET FAIR

Saturday September 13 from 10 am to 3 pm

Come and look around our school, talk to our fantastic staff about the curriculum options available for your child and take a tour of the adjoining Residential College.

During the day, walk around the many stalls in our Market Fair, lunches, morning and afternoon tea, school work displays and activities for children.

Come and experience what Narrogin Senior High School has to offer.

A QUALITY EDUCATION CLOSER TO HOME!

Contact Jo-Anne on 0419 926 208 or email nshsopenday@hotmail.com
At the recent assembly a visitor to the school commented on the fantastic achievements of our students. He was very impressed with the number of achievements and the number of students and was delighted to hear that as a school we offer so many avenues for our students. This is evidence of the hard work that takes place throughout the year by not only the students but also the support from the entire school community to assist students in attaining these achievements (and acknowledgments).

Support from the staff and community is an integral part of student success. This stems from the work of people within the class and outside of the classroom. If we take the recent Academic Achiever's Assembly for an example we can include the support from:

- NSHS School Council for coordinating and supporting the success of our students. The School Council members in this instance initiated the recommencement of the Academic Achiever's Award and the badges to present to the achievers.
- The Hospitality staff for facilitating the 5000 meal project whereby students here at NSHS took part in the project by preparing over 500 meals for Foodbank to distribute to those less fortunate than us
- Staff who ensure the VET (Vocational Education and Training) Certificate III attainment is available for students
- Country week coaches and parents for supporting students in their endeavour to train, prepare and attend Country Week.
- Music staff for the facilitating the students in taking part in the Regional Eisteddfod competition
- Parents who support their children to participate and do their best in their chosen endeavour/s
- Student Services team who coordinate the Peer Skills program…. and I am confident the list continues.

So a big thank you to all the school community for embracing the various activities of the school - we could not have done so well without this.

SCHOOL COUNCIL ELECTIONS

Thank you to people who have nominated for a position on our School Council. It has been great to see that people throughout our community are keen to get involved in the School Council. As we are continuing to wait for the announcement of our Independent Public School status your nomination is still valid. If any other community member would like to nominate for a position on the school council you are invited to do so by completing the form below and return as per instructions.

STUDENTS GAINING THEIR POETIC LICENCES

The English Learning Area is very proud to announce that we have several promising poets amongst our students. Last term, students from the Year 10 Enrichment class submitted a number of poems for inclusion in the Primo Lux anthology. This anthology carries poetry written by Year 10, 11 and 12 students from across WA. As the class had been studying the theme of war poetry, the following students were chosen to submit their own poems to Primo Lux: Huiwen Li, Andrew Holmes, Georgie Bishop, Samantha Metzke, Sorcha Armstrong-Hetzel, Amy Coetzer, Ashtom Mason, Tuleah Bolton, Allana Seale and Damion Johnson.

The annual Roland Leach poetry prize has also been entered by some of our Lower School students. The poems are purely the work of students who enter according to their year of schooling. The following entrants will know the outcome of the judges' decision during Term Four: Damion Johnson, Ashtyn Mason, Tuleah Bolton, Sorcha Armstrong-Hetzel, Amy Coetzer, Samantha Metzke, Huiwen Li and Ashtyn Steer.

Good luck to all our students in both these endeavours.

Ms Joan Armstrong
The year is flying by and it is time to reflect on our achievements, adjust schedules and knuckle down to ensure we achieve our goals. It was great to see so many parents and students making the most of parent/teacher meetings and helping their child seek important feedback. It is essential we support our students to make the changes required to enable them to achieve their potential.

One way you may help support your child is by ensuring they receive a good night sleep. Evidence shows students retain more information when there has been deep quality sleep between when new information has been taught and when it is asked to be recalled. This may sound easy but with the impact of phones, ipads/tablets and social media it is not all that straight forward. Students who are using phones, ipads/tablets or computers just prior to going to bed are more likely to have interrupted sleep patterns. Therefore it is important that we all have screen free time for one hour prior to going to bed. One suggestion is to nominate a place within the house to store computers, phones and ipads/tablets to ensure bedrooms are screen free. Other tips to improve sleeping habits include:

- Keeping your bed for sleeping
- Participating in relaxing activities one hour before bed
- Reading a book
- Establishing a sleep routine
- Spending time in the morning sun every day

Online Literacy and Numeracy Testing

Year 10 students who have not demonstrated minimum standard of literacy and numeracy standard have the opportunity to sit the Online Literacy and Numeracy Assessment (OLNA) in the first week of September. Narrogin Senior High School test schedule is as follows:

<table>
<thead>
<tr>
<th>Test</th>
<th>Day</th>
<th>Date</th>
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</thead>
<tbody>
<tr>
<td>Writing</td>
<td>Monday</td>
<td>1 September</td>
</tr>
<tr>
<td>Numeracy</td>
<td>Wednesday</td>
<td>3 September</td>
</tr>
<tr>
<td>Reading</td>
<td>Thursday</td>
<td>4 September</td>
</tr>
<tr>
<td>Catch Up Testing</td>
<td>Friday</td>
<td>5 September</td>
</tr>
</tbody>
</table>

All tests will start at 9 am.

Attendance News

We are closely monitoring student attendance rates for Semester 2. At present 66.8% of students are attending 90% of the time. We ask parents and students to be mindful of the total number of days absent each term. It is important to remember NAPLAN and OLNA data indicates every day counts.
It’s been a busy start to Term 3 for the Student Services team. Year 11 and Year 12 Student Managers are reviewing the academic performance of upper school students. The lower school academic review commences soon.

Two new programs for selected students in Years 8-10, the YMCA Leadership Project and a Noongar Cultural Project, started Week 2 of this term. The Noongar girls in Year 8-10 completed the Noongar Pop Fashion Project in Week 3 with a fashion showcase and a display of contemporary dance at our school’s NAIDOC Assembly. This exciting partnership with the Community Arts Network of Western Australia (CANWA), saw our students participate in eco dyeing, up-cycling, weaving and dance workshops as well as showcase their remarkable products during a two day fashion shoot at NSHS.

The primary and secondary schools in Narrogin came together on Tuesday 5 August to open NAIDOC Week for the school community. The assembly focused on this year’s NAIDOC theme, Serving Country – Centenary and Beyond. Tales of Australia’s Forgotten Soldiers, the Aboriginal men and women who served their country during war, were revealed.

Our own NAIDOC celebrations occurred on Wednesday 6 August. The lower school students enjoyed a range of activities from recess until end of the day. Activities available were: film (Rabbit Proof Fence, Bran Nue Dae or September); basket weaving; beading; doll making, damper making, spiritual sculpture; Didgeridoo painting, boomerang painting, music and resilience.

On the 11 August, a group of students travelled to Curtin University as part of the AIME program. This is a motivational opportunity with the goal of inspiring students to aim high and consider the university option.

Coming up this term is the CHAT Ru OK Day on 11 September. This day draws our attention to the importance of checking in with our mates and family members and making sure that everything is ‘ok’. The day also challenges our students to look at ways to stay healthy physically and mentally.

If you have an interest in developing your mental health first aid skills, the flyer included with this newsletter outlines two training options: safeTALK and Assist training. If you’re interested in either of these, an information sheet detailing when workshops will be held and registration forms, can be obtained from Student Services. Either pop in and collect one yourself or ring us, and we’ll send the information sheet and the registration form home with your child.

**Afterschool Revision Classes**

Are your children taking advantage of the afterschool revision classes?

Classes are held for:
- English – Wednesday afternoons, all years.
- Maths – Monday and Wednesday, all years.
- Science – Chemistry (Monday), Human Biology (Monday and Wednesday), Physics (Wednesday).
- Humanities – Geography, Tuesdays or Thursdays.

If you would like to attend talk to your teacher to find out more.

A big thank you to all the staff for giving up their time to assist the students who attend.

**House Keeping**

Providing full details when paying online

Thank you to those parents who make payments online. Direct banking details are Bankwest, BSB No. 306 027 and Account No. 516 9669. When paying online, please include your child’s full name in the reference field.

**Change of Student Details**

Please let the school know if any of your personal details have changed. It is important your child’s records are kept up to date at the school.
ACADEMIC ACHIEVERS AWARD - SEMESTER ONE

Years 8 - 10 students achieving at least 8 As in their Semester One report received Academic Achievers Award and badges at our recent assembly along with an invitation to morning tea at the Trade Training Centre with their parents.

For years 11 and 12 students that received As for at least 60% of their grades in their Semester One Report were also likewise awarded certificates and badges.

Congratulations to the following students:

(Apologies to Shelley Quartermaine who will be acknowledged at the next assembly).

<table>
<thead>
<tr>
<th>YEAR 8</th>
<th>YEAR 9</th>
<th>YEAR 10</th>
<th>YEAR 11</th>
<th>YEAR 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brooklyn Drayton</td>
<td>Phillippa Bairstow</td>
<td>Amy Coetzer</td>
<td>Gemma Boxall</td>
<td>Annie Antonie</td>
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<tr>
<td>Benjamin Tinley</td>
<td>Dureen Bolton</td>
<td>Connor Earnshaw</td>
<td>Taylor Atkins</td>
<td>Kyle Lenk</td>
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<tr>
<td>Anri van Neikerk</td>
<td>Rhett Cheney</td>
<td>Cameron Hathaway</td>
<td>Kyle Hankinson</td>
<td>Courtney Shepherd</td>
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<td>Casey Walker</td>
<td>Shay O’Neill</td>
<td>Lauren Rayner</td>
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<td></td>
<td>Katrina Reynolds</td>
<td>Renee Sieber</td>
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<td>Kiara Screaigh</td>
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<tr>
<td>Shelley Quartermaine</td>
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</table>

STUDENT COUNCIL AWARDS

Jasmine Cant 8
Ellianne Uchtman 9
Taya Olman 10
COUNTRY WEEK RESULTS

AFL - 4th - C grade
Most Valued Player Ashton Kickett

Netball A - 5th A grade
Most Valued Player Jacqueline Ozanne

Netball B - 3rd
Most Valued Player Valda Kapene

Volleyball B - 7th B Grade
Most Valued Player Brayden Taylor

Volleyball G - 6th B grade
Most Valued Player Nova Garnier

Soccer B - 5th D grade
Most Valued Player Joel Daw

Soccer G - 2nd C grade
Most Valued Player Lorrette Greyling

Basketball B - 3rd B grade
Most Valued Player Trevor Mead

Basketball G - 5th B grade
Most Valued Player Karla Gors

Speech - 7th B grade
Most Valued Player Jade Stevenson-Marsh

Hockey B - 1st A grade
Most Valued Player Blake Page

Hockey G - 2nd A grade
Most Valued Player Taylor Atkins
Countryweek Winners - Boys A Grade Hockey

Countryweek Runner Up - Girls A Grade Hockey

Countryweek Runner-up - Soccer

Countryweek Netball B Grade
During the school holidays I was selected to participate in the three day UWA Excellence Camp, along with high achieving students from 60 other WA high schools. Over the three days I received a wide range of information regarding support services for the transition to University, the range of available clubs and student groups, the possibility to study abroad and which scholarships to apply for. I was given a taste of what all the faculties have to offer, which course paths I could take and where they would lead. These included Law, Medicine and Dentistry, Architecture and Design, Languages and Engineering.

Interspersed between the faculty lectures were various hands on activities and demonstrations including a discussion of examples of moral responsibility as viewed by the law, physics and chemistry phenomena involving magnets, liquid nitrogen and a Tesla coil and an engineering challenge using syringes as actuators to build a retractable claw that could reach out and pick up an object.

I am fortunate to have had this wonderful opportunity to gain some insight into the transition to university.

Bradley Walliss Year 12

On Thursday July 10, Head Boy Jade Stevenson-Marsh and myself went to the Joondalup Golf Resort to attend the Y20 Youth Wheatbelt Summit for 2014. The Y20 Summit encourages young leaders to come forward and present their ideas to like minded youth and to have the chance to discuss, question and suggest solutions wheat belt issues to a board of politicians involved.

Our day started at 8am with introducing ourselves to the other candidates representing our Wheatbelt in a mingle over coffee. It was great to have the opportunity to put ourselves out these and speak to new people living in similar conditions to us.

After we were introduced it was time to get the Summit rolling. Our host, Mr Glen Hall made us all feel very welcome throughout the whole summit. Glen is the man who presents the government messages on TV and radio and Jade and I will always remember his demonstration of this skill.

Later we were all able to sit with a board of wheat belt politicians and ask a range of questions regarding arrange of wheat belt community topics. Their expertise opened our eyes to the severity of some wheat belt issues and gave us the opportunity to forward our perspective and ideas for helping the community. Then we were put into groups to discuss these ideas with other delegates and brainstorm possibilities for change.

At the end of a tiring idea filled day we were all able to relax and enjoy a wonderful three course meal and dance reflecting with our new friends on the day. Later we were given the run of the hotel and its facilities to enjoy being in the company of these new people.

All in all the Y20 Summit was a fantastic experience and opened our eyes to how magnificent our wheat belt truly is. I encourage young leaders from rural communities to attend these summits in the future to help the wheat belt community remain the wonderful place it is and aid its development in the future.

Shenae Gooley and Jade Stevenson-Marsh
TEEN FASHION AWARDS
Friday night - September 5 to be held in Wagin at the Wagin Town Hall.
6.00 for a 7.00pm start.
Entry fee $5 and supper provided.

SCHOOL REUNION
25 year NSHS reunion.
Open for anyone who attended one or more years between 1985 (Yr 8) and 1989 (Yr 12). To be held on Saturday, 13th September, 7.30 pm at Narrogin Hawks Clubrooms, Clayton Rd, Narrogin.
Further details & RSVP to Sue Rowe (Carmody) 0427 808 479 or Karen Jespersen (Maxwell) 0427 887 075.

SCHOOL BUS SERVICES FOR 2015
Parents of eligible students in education support centres/schools and rural areas who are starting or changing schools in 2015 and would like to use the free orange bus service must complete an online application on the school bus services website by Sunday 31 August 2014.
Find out more in the support for country families section of the Year 7 intranet.
Students living in public transport areas in Perth and selected centres across the State can access Transperth bus and train services.
Information on services for these students is in the managing the transition section of the intranet.

TO ALL YEAR 8 TO YEAR 12 STUDENTS
Whether you simply want to pass a particular subject, improve your expected ATAR to fulfil your career aspirations, or maximise your academic potential, our team of Perth’s best and brightest university students offer the tutoring solution you need!
TLG is a registered charity. Each hour tutored through the tutoring centre will provide 3 hours free tutoring and mentoring of disadvantaged children in WA.
TLG’s alumni boasts Rhodes Scholars, Beazley medallists and Fogarty Scholars. We attract high achieving tutors who have excelled in your desired area of tuition! Many of them General Exhibition winners, Certificate of Distinction winners and school Duxes. They know what it takes to do well.
You can find further information and register your interest free of charge at www.teachlearngrow.com.au/tutoringcentre/ or call Susan Enright on (08) 9449 5591 for further information.
Please don’t leave it too late to secure the right tutor for you. Get the help you need now and reach your academic potential without the unnecessary stress and pressure.

MAKING HOME COOKED MEALS HEALTHIER
Banana muffins are a classic lunchbox ‘extra’ and are often thought of as a healthy option, however, most recipes contain far too much fat and sugar. Try cooking this healthier version with the kids over the weekend.

Banana Muffins
Makes 12
1 large ripe banana
1 cup reduced fat milk
1 egg
¼ cup margarine, melted
¾ cup self-raising flour
½ cup wholemeal self-raising flour
½ cup caster sugar
½ cup dates, chopped

Method
Preheat oven to 190°C.
1. In a mixing bowl, mash the banana and add the milk, egg and margarine. Mix well.
2. Stir the flour, sugar and dates into the banana mixture until just combined.
3. Spoon mixture into well greased muffin tins.
4. Bake for 20 minutes or until lightly golden.

Tip: The addition of dates to the muffins increases the fibre content while also adding sweetness to compensate for the reduced added sugar.
THE ARTS

YEAR 9 INTEGRATED ARTS
The Wild Flowers of Foxes Lair were used for inspiration and the Indonesian technique of Batik although in a contemporary Australian way to create these gorgeous cushions in Year 9 Integrated Arts.

YEAR 10 ART AND DESIGN
These students put in an epic effort to produce a book from scratch. The process included designing the cover and pages then putting it all together. These year 10 students produce a highly personal work of art, which they are continuing to work on through drawings and writings; and adding quotes and photographs to document their life at year 10. As you can see, the students are very proud of their efforts.

Yr 8 Integrated Arts
Currently on display in the library for the next few week are fabulous paintings by year 8 using gouache paint to explore their identity.

Check out our web page for all the latest news - www.nshs.wa.edu.au