



CANTEEN MENU 2017

Please order before 8.45am

Dear Parents/Caregivers

The Narrogin Senior High School Parents and Citizens Association operates the canteen, which aims to provide lunches and snacks at sensible prices and make a reasonable profit, which is used by the P & C for the benefit of the students. The policy of the canteen is to supply food suitable for the growth and health of the students. As well as lunches, buns, rolls, fresh fruit, milk and fruit drinks are available at recess and lunch time. The canteen employs an organiser and assistant's, but is dependent on volunteers to help reduce costs. A good roster enables the canteen to be run more economically and give better and cheaper service to the students.

Help is needed between 10.30am and 1.40pm each school day.

We would really appreciate your help and if you can possibly assist us, please fill in and return the form below. For more information please phone the Canteen Manager, Cheryle on 98811197 or 0429 129 422.

I can help at the NSHS P&C Canteen

- Once a fortnight*
Once a month
Once a term

Please tick the appropriate box.

If you prefer a particular day, please state which day of the week.

NAME.....

ADDRESS.....

PHONE.....

EMAIL

LUNCHES (by order only) PRICE

- Chicken or Ham & salad Box \$5.00
- Chicken or Ham & salad Bowl \$2.50
- Caesar Salad Small \$3.50 Large \$5.00
- Nuggets and Salad \$4.00
- Chicken & Salad Wrap ½ \$2.50 Whole \$5.00
- Chilli Chicken Wrap ½ \$2.50 Whole \$5.00
- Ham/Egg/Chicken & salad roll \$4.00
- Salad Roll \$4.00
- Ham/Egg/Chicken & salad sandwich \$4.00
- Egg & Lettuce sandwich \$4.00
- Hamburger (low fat) \$5.00
- Chicken Burger \$5.00
- Wedges \$3.50
- Hot Chicken Roll \$5.00
- Hotdog \$3.50
- Pizza Slice \$3.00
- Cruiser Pie (Good Eating) \$3.50
- Mini Pie (Good Eating) \$2.50
- Popcorn Chicken & salad \$4.00
- Muesli, Yoghurt & Fruit salad Bowl \$3.50
- Fruit Salad Small \$2.50 Large \$5.00
- Sushi (variety of fillings) (term1&4 only). \$2.50
- Toasted sandwiches (choose your fillings) \$4.00
- Spaghetti Bolognaise (homemade) \$5.00
- Shepherds Pie (homemade) \$5.00

RECESS PRICE

- ½ Chicken strip & Salad wrap \$2.50
- ½ Diced Chicken wrap \$2.50
- Pizza Slice \$3.00
- Chicken Cheese Mayo ½ Roll \$2.50
- Brushetta \$2.50
- Cheesies \$1.00
- Fruit Salad Cups \$2.50
- Chicken Strip & Salad ½ roll \$2.50
- Carrot & Celery w'crackers and dip \$2.50
- Spaghetti Cheesie ½ Roll \$2.50
- Muesli, Yoghurt & Fruit Salad bowl \$3.50
- Fresh Fruit \$1.50

DRINKS ETC... PRICE

- Water \$2.00
- Flavoured Milk Drinks Large \$3.50
- Flavoured Milk Drinks Small \$2.00
- Bottle Juice \$2.50
- Juice Box \$1.50
- Choc/Strawberry Moo \$1.50
- Yogo \$2.00
- Yoghurt \$2.00
- TERM 2&3 ONLY
- Hot Chocolate \$2.50

ICECREAMS (Lunchtime Only) PRICE

- Frozen Yoghurt \$2.00
- Paddle Pop \$1.50
- Icy Twist \$1.00
- Callipo \$1.00
- Paddle Pop Bucket \$2.50
- Vanilla Bucket \$1.50
- Quelch Stick 30c-60c

GLUTEN FREE AND VEGETARIAN OPTIONS

ARE AVAILABLE.....PLEASE ASK

Slushies \$3.00

Lunchtime only